



# News Bulletin

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## Ayush Minister Inaugurates New Building of RARI, Itanagar



Hon'ble MoS (IC), MoAYUSH, Shri Shripad Yesso Naik Hon'ble Minister of State, and Hon'ble MoS (IC), Sh. Kiren Rijju, Youth Affairs & Sports, Govt. of India, along with Secretary MoA, Vaidya Rajesh Kotecha; Additional Secretary MoA, Shri Pramod Kumar Pathak; Director General CCRAS, Prof. Vaidya K.S. Dhiman; with other eminent dignitaries during Virtual Inauguration ceremony of the newly constructed building of RARI, Itanagar through Video Conferencing.

Hon'ble Minister of State (I.C.), Sh. Shripad Yesso Naik, Ministry of Ayush, Govt. of India and Hon'ble Minister of State (I.C.), Sh. Kiren Rijju, Youth Affairs & Sports, Govt. of India, virtually inaugurated the Regional Ayurveda Research Institute, Itanagar, new institute building through video conferencing on 28<sup>th</sup> October, 2020 in the august presence of Vaidya Rajesh Kotecha, Secretary, MoAyush; Shri Pramod Kumar Pathak, Additional Secretary, MoAyush; Prof. Vaidya K. S. Dhiman, Director General, CCRAS, and other eminent dignitaries.





Glimpse of release of CCRAS publication by Director General, CCRAS, Prof. Vaidya K. S. Dhiman, on the eve of 5<sup>th</sup> Ayurveda Day at NIIMH, Hyderabad

Director General, CCRAS, Prof. Vaidya K. S. Dhiman released four CCRAS publications on the occasion of 5<sup>th</sup> Ayurveda Day on 13<sup>th</sup> November, 2020 at National Institute of Indian Medical Heritage (NIIMH), Hyderabad in the presence of Dr. P.V.V. Prasad, A.D. In-Charge; Dr. Ashfaque Ahmad, R.O. (Unani); Dr. Saket Ram, R.O. (Ay.); Dr. Biswo Ranjan Das, R.O. (Hom.) and all the Officials and Staff of NIIMH. In this event, Director General, CCRAS unveiled the Statue of Lord Dhanvantari and addressed the participants from CCRAS Hqrs. and peripheral units through video conferencing and deliberated upon the importance of Ayurveda Day, Dhanvantari Jayanti and the pivotal role played by mental and physical hygiene in the growth, development, health of Individual and collectively overall welfare of organization, society and the country.

## Medical and Health Check-up Camps and Ethno-Medico-Botanical Survey Tours

### CARI, Patiala

- The Ayurveda Mobile Health Care Programme team under the Scheduled Caste Sub Plan conducted 62 surveys in villages namely; Tuggopati Shutrana, Mansurpur, Ikolaha, Subhash Nagar, Bosar Kalan and Nanansu. Total 3782 population surveyed and free medical services were provided to 2822 patients.
- Under SCSP-Reproductive and Child Health Care, the team conducted 63 surveys in villages namely Gazi Salar, Ramnagar, Churason, Alwal Majra, Fatehpur Garhi, Gujar Hedi and Malkon. Total 1551 Population surveyed and free medical services were provided to 2250 patients.

## IEC, Awareness Programmes and Arogya Mela

### RARI, Mandi

- In the series of activities of 'Ayush for Immunity' campaign, dated 17<sup>th</sup> October, 2020, Ayurveda for Immunity program and camp was organized in the BBMB campus, Mandi. As a part of this programme *pranayama* practice, quiz competition and health camp were organized and a simple way of making Ayush decoction at home was explained and also already prepared Ayush decoction was distributed to the visitors. Apart from this, lectures related to health protection through Ayurveda delivered and IEC material were distributed among the patients in the outpatient department of the institute and in the outreach camps of SCSP-AMHCP.
- Under the activities of Jan Andolan, various awareness lectures were delivered in institute OPD and in the outreach camps of Scheduled Caste Mobile Health Care Program on the topics of routine, dietary methods, disease enhancement measures and chemical benefits of Guduchi medicine. To make the general awareness, leaflets were distributed through local newspapers. IEC materials were also distributed.

### RARI, Ranikhet



Free saplings of Medicinal plants and AYUSH Kwath distributed among patients as a part of AYUSH for Immunity Campaign at RARI, Ranikhet

Under the 'Ayush for Immunity' campaign a banner regarding the campaign was placed in the OPD premises for information to the patients. As a part of this campaign, various activities were organized including Sensitization of patients for Immunity through Public lectures, Medicinal plants exhibition in the OPD premises, free distribution of Ayush Kwatha among patients and staff, distribution of Saplings of medicinal plants to the patients attending the OPD. Free IEC materials were also distributed among patients.

### RARI, Thiruvananthapuram

- Under the 'Ayush for Immunity' campaign, various awareness sessions were organized in the institute OPD and in the outreach camps of SCSP-AMHCP and SCSP-RCH. IEC materials related to immunity were also distributed during the campaign. A webinar related to the campaign was also organized on 14<sup>th</sup> October, 2020.
- Under the 'Jan Andolan Campaign', a pledge was taken by all the Officers and Staff on 12<sup>th</sup> October, 2020. Banners displayed in the OPD premises to promote the importance of hand washing, wearing masks, and physical distance in prevention of spread of COVID-19. Awareness sessions on COVID-19

preventive measures were also organized for patients of OPD and in outreach camps of SCSP-AMHCP and RCH

### **NARIP, Cheruthuruthy**

Jan Andolan Campaign on COVID-19 was organized in the institute on 12<sup>th</sup> October, 2020. All the officers and staff had pledged to take the responsibility of taking precautions that will prevent the spread of COVID - 19.

## **Participation of Council Officers in Important Meetings, Seminars & Conferences and Presentation of Papers**

### **RARI, Mandi**

- Dr. Vineeta Negi, R.O. (Ay.); Dr. Kavita Vyas, R.O. (Ay.) and Dr. Anubha Chandla, R.O. (Ay.) attended a workshop on scientific writing for the investigators of research projects on COVID-19 undertaken by the Ministry of Ayush through video conferencing on 20<sup>th</sup> October, 2020.
- Dr. Vineeta Kumari Negi, R.O. (Ay.); Dr. Kavita Vyas, R.O. (Ay.); Dr. Anubha Chandla, R.O. (Ay.) and Dr. Chris Antony, R.O. (Ay.) attended Webinar on 'Publishing Scientific Literature' organized by Taylor & Francis Group and CCRAS on 28<sup>th</sup> November, 2020.

### **NCIMH, Hyderabad**

- The Institute organized the broadcast of the release function 'National Clinical Management Protocol based on Ayurveda and Yoga for management of Covid-19' by Dr. Harsh Vardhan, Hon'ble Union Minister of Health and Family Welfare, Government of India on 6<sup>th</sup> October, 2020.
- A video shooting of the activities of the Institute's library and museum was done by Door Darshan Yadagiri on 06<sup>th</sup> October, 2020. Dr. P.V.V. Prasad, A.D. In-charge, briefed about the activities of the Institute and all the technical Officers have briefed about the facilities available in the Institute's Medico-historical library and Museum. Further, the entire recording was telecasted on DD Yadagiri channel on 10<sup>th</sup> October, 2020, with the title 'Adab Hyderabad'.
- Dr. P.V.V. Prasad, A.D. In-Charge, and Dr. T. Saketh Ram, R.O. (Ay.), delivered a guest lecture in a webinar on topic 'Strengthening body and mind through Ayurveda' and 'COVID-19 Management and Post infection care through Ayurveda' via Google meet App, organized by Regional Outreach & Press Information Bureau, Hyderabad, Ministry of Information and Broadcasting, Government of India on 28<sup>th</sup> October, 2020.

### **MSRARI, Jaipur**

- Dr. Monika Kumari, R.O. (Ay.) and Dr. Swati Sharma, R.O. (Ay.) attended a workshop on 'Scientific writing for the investigators of research projects on COVID-19' organized by the Ministry of Ayush on 20<sup>th</sup> October, 2020 through video conferencing.
- Dr. Monika Kumari, R.O. (Ay.) and Dr. Swati Sharma, R.O. (Ay.) attended a webinar on the topic 'Publishing Scientific literature' organized by CCRAS and Taylor and Francis group on 28<sup>th</sup> November, 2020.

- Dr. B. R. Meena, Assistant Director Incharge participated in the 79<sup>th</sup> half yearly meeting of Nagar Rajbhasha Karyanvayan Samiti (Ka-1), Jaipur, held on 02<sup>nd</sup> December, 2020 organized by the Office of Indian Audit and Accounts Department, Office of the Accountant General (A&E), Rajasthan, Jaipur through video conferencing.

### **RARI, Thiruvananthapuram**

- Dr. Praveen Balakrishnan, R.O. (Ay.), presented a paper on the topic ‘Clinical Implementation of Pathya and Apathya in Shalakya Tantra’ in the webinar of Shalakya Siddhi 2020 organized by the Association of Shalaki (TAS) – Kerala, Chapter & Ashtangam Ayurveda Chikitsalayam and Vidhyapeetam on 09<sup>th</sup> October, 2020.
- Dr. Varsha Sumedhan, R.O. (Ay.) and Dr. Karthika A. P., R.O. (Ay.) attended a Webinar on ‘Ayush for Immunity’ conducted by CARI, New Delhi on 20<sup>th</sup> October, 2020.
- All the Research Officers of the institute participated in an e-workshop on ‘Publishing Scientific Literature’ organized by CCRAS and Taylor and Francis Group on 28<sup>th</sup> November, 2020.
- A webinar on the topic 'Ayurveda for immunity' was organized at RARI on 14<sup>th</sup> October, 2020. Dr. Anantha Lakshmi, Prof & HOD, Govt. Ayurveda College, Thiruvananthapuram took a session on ‘Immunity in current scenario’; Dr Lekshmi M. K., Associate Professor, Govt. Ayurveda College, Kannur delivered a lecture on ‘Immunity of children during COVID 19 – concerns and solutions’ and Dr. Bindu P. R., Assistant Professor, Govt. Ayurveda College, Thiruvananthapuram emphasized ‘Strategies for improving and maintaining immunity through Ayurveda’.

## **Guest Lectures, Radio/TV Talks and Interviews**

### **NCIMH, Hyderabad**



**Glimpse of interview with Dr. P.V.V. Prasad, Asst. Director In-Charge, NCIMH on DD Yadgiri channel on 10<sup>th</sup> October, 2020**

## Hindi Pakhwada and Workshops

**RARI, Mandi** organized a Hindi workshop in the institute on 18<sup>th</sup> December, 2020. Dr. Kavita Vyas, R.O. (Ay.) delivered a lecture on the use of Hindi typing Unicode software. All the officers and staff participated in this workshop with full enthusiasm and zeal.

**NCIMH, Hyderabad** organized a quarterly Hindi workshop in the institute on 07<sup>th</sup> December, 2020. Guest Speaker Mr. Rajendra Verma, Assistant Director Hindi Rajbhasha, Pune, delivered a lecture on the topic entitled 'इलेक्ट्रॉनिक उपकरणों द्वारा हिंदी को बढ़ावा' in the morning session of workshop and Dr. Archana Pandey, Assistant Director, DRDO, Hyderabad, delivered a Guest lecture on the topic 'Official Language Rule and Implementation' in the evening session of workshop.

**MSRARI, Jaipur** organized a quarterly Hindi workshop in the institute on 28<sup>th</sup> December, 2020. Sh. Rajesh Meena, Coordinator and Lecturer of Hindi, Department of Official Language, Jaipur delivered a lecture on the topic 'राजभाषा नीति, नियम एवं अधिनियम' as guest speaker.

**RARI, Thiruvananthapuram** organized Hindi Karyashala on the topic 'Usage of Hindi in works of Central Government Offices and Electronic tools in implementation of Official language' on 23<sup>rd</sup> December, 2020.

**NARIP, Cheruthuruthy** organized Hindi karyashala in the Institute on 30<sup>th</sup> December, 2020. The program was inaugurated by Dr. D. Sudhakar, Director Institute. Smt. K. Smitha, Hindi Teacher was the guest speaker of the program.



View of Mr. Rajendra Verma, Asst. Director (Hindi Rajbhasha), Pune delivering Lecture on the topic 'इलेक्ट्रॉनिक उपकरणों द्वारा हिंदी को बढ़ावा', on 07<sup>th</sup> December, 2020 at NCIMH, Hyderabad



Dr. D. Sudhakar, Director (Institute), delivering inaugural speech on the occasion of Hindi Pakhwadad on 30<sup>th</sup> December, 2020 at NARIP, Cheruthuruthy

## Swachhata Pakhwada

The Council observed Swachhata Pakhwada from 16<sup>th</sup> October, 2021 to 31<sup>st</sup> October, 2021. The event was organized in Headquarters as well as all the peripheral institutes of the Council. As part of Swachhata Pakhwada celebrations, various activities were conducted with the active participation of all officers and staff. Glimpse of some of the activities are:

### Glimpse of activities during Swachhata Pakhwada



Left Dr. Rajesh Sand, Assistant Director-in-Charge delivering lecture about biomedical waste management and Right Distribution of Medicinal plants on the occasion of Swachhata Pakhwada at RARI, Mandi



View of cleaning of different sections of the institute by active participation of all Officers and Staff at RARI, Ranikhet.



View of all the Officers and staff taking Swachhata Pledge at NCIMH, Hyderabad on 16<sup>th</sup> October, 2020



**Dr. B. R. Meena, Assistant Director In-charge, distributing washable masks and sanitizers to the staff during Swachhta Pakhwada at MSRARI, Jaipur**



**Cleaning of institute premises as a part of Swachhatha Pakhwada at NARIP, Cheruthuruthy.**

## Vigilance Awareness Week

Council observed Vigilance Awareness Week from 27<sup>th</sup> October, 2020 to 2<sup>nd</sup> November, 2020 on the theme 'Vigilant India, Prosperous India'. The event was organized in Headquarters as well as all the peripheral institutes of the Council. All the officers & staff participated in the event with full enthusiasm and zeal.

**Glimpse of some of the activities are:**



**Pledge taking by RARI, Ranikhet Staff on the occasion of Vigilance Awareness Week**



**View of all the Officers and staff taking Pledge on Inaugural ceremony of Vigilance Awareness week on 27<sup>th</sup> October, 2020**





All the officers and staff of MSRARIED, Jaipur taking 'Integrity pledge' as a part of Vigilance awareness week with Dr. B.R. Meena, Assistant Director Incharge on 27<sup>th</sup> October, 2020.



View of conducting awareness session during Vigilance awareness week at NARIP, Cheruthuruthy

## Constitution Day

The Council along with all the peripheral institutes of CCRAS celebrated 71<sup>st</sup> Constitution day on 26<sup>th</sup> November, 2020. Glimpse of some of the activities are:



Dr. Vineeta Negi delivering lecture during Constitution Day at RARI, Mandi



Chief Guest Sh. Ambadipudi Madhavarao, Senior Advocate, delivering lecture on Fundamental Duties on the occasion of Constitution day at NCIMH, Hyderabad.



Dr. S.K. Vedi, R.O. (Ay.), taking oath of allegiance with all the officers and staff on the occasion of Constitution Day at MSRARI, Jaipur



View of pledge taken on the preamble of Indian Constitution at RARI, Thiruvananthapuram



Awarding the winners of the essay competition during the Constitution Day celebrations at NARIP, Cheruthuruthy



Officers and staff taking pledge during Constitution Day on 26<sup>th</sup> November, 2020 at CARI, Bengaluru.



All officers and employees of RARI, Pune, reading the preamble of the Constitution of India by taking pledge



Shri. Harishankar Soni, Senior Advocate, Jhansi, delivering guest lecture on 'Basic rights of Indian Citizens as per constitution of India' at RARI, Jhansi.

## Ayurveda Day Celebration

Council observed 5<sup>th</sup> Ayurveda Day on the occasion of Dhanwantari Jayanti on 13<sup>th</sup> November, 2020 with a theme 'Ayurveda for Covid-19 pandemic'. Various activities were organized to mark the occasion at Council's Headquarters, New Delhi and its peripheral institutes all over India. Glimpse of some of the activities are:



Dr. Kavita Vyas, R.O. (Ay.) delivering lecture on the occasion of Ayurveda Day at RARI, Mandi



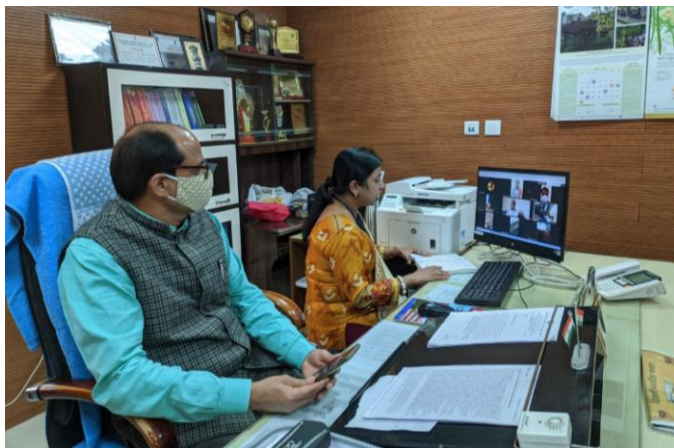
Dr. Anubha Chandla, R.O. (Ay.), giving information about the medicinal plants to the patients and attendants of OPD on the occasion of Ayurveda Day at RARI, Mandi



Prof. Vaidya K.S. Dhiman, Director General, CCRAS, addressing Council Officials and Staff members through Webinar on the eve of 5<sup>th</sup> Ayurveda Day at NCIMH, Hyderabad



Glimpse of Dhanvantari pooja performing by Director (Institute) along with officers and staff on the occasion of Ayurveda Day at CARI, Patiala



Dr. B.R. Meena, Assistant Director Incharge interacting in a Webinar on 'Ayurveda for COVID-19' on the occasion of 5<sup>th</sup> Ayurveda Day at MS-RARI, Jaipur



Officers during Webinar on 'The Relevance of Ayurveda in the current scenario of COVID-19 pandemic' organized on the occasion of 5<sup>th</sup> Ayurveda Day at RARI, Thiruvananthapuram

## Appointment/Promotions/Retirements

### NCIMH, Hyderabad

- Dr. Satyabrata Nanda, Research Assistant (Sanskrit), joined the institute on 09<sup>th</sup> November, 2020.
- Miss. Varsha Kumari, Library Information Assistant (LIA), joined the institute on 17<sup>th</sup> December, 2020.

### CARI, Patiala

- Dr. S. N. Murthy, Assistant Director Incharge, was promoted to the post of Director (Institute) and Joined duty as Director (Institute) on 26<sup>th</sup> October, 2020.



## MSRARI, Jaipur

- Sh. Sunil Saini, UDC from Lt. Governor's Secretariat, GNCT, Delhi, has joined on deputation basis in the MSRARI, Jaipur on 14<sup>th</sup> December, 2020.
- Sh. Chiranji Lal, UDC retired from the institute on 31<sup>st</sup> December, 2020.

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