

**Central Council for Research in Ayurveda Science (CCRAS)**  
**Ayurveda Gyan Naipunya Initiative (AGNI)**  
**CCRAS-AGNI**



**CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES**  
Jawahar Lal Nehru Bhartiya Chikitsa Avum Homeopathy Anusandhan Bhavan,  
No.61-65, Institutional Area, Opp. 'D' Block, Janakpuri,  
Ministry of AYUSH, Govt. of India  
New Delhi-110058

**Central Council for Research in Ayurveda Sciences (CCRAS)**

## Ayurveda Gyan Naipunya Initiative (AGNI) CCRAS-AGNI

### BACKGROUND

Ayurveda is one of the most renowned traditional healthcare systems practiced in the Indian subcontinent for more than 5,000 years and is getting popularised globally. As per a recent report by WHO, 70% of the global population uses herbal medicines in primary health care. Ayurveda is in practice in more than 90 countries with an increasing demand.

There are over 500,000 registered Ayurveda practitioners in India who are mainly practicing based on the Ayurveda formulations documented in Ayurvedic formularies and pharmacopeia of India. Ayurveda Formulary of India provides details of 985(444, 191, 350) Ayurveda formulations besides 50 Ayurveda Veterinary formulations, and Ayurveda Pharmacopoeia of India provides over 100 monographs for herbs, extracts, products, and over 650 pharmacopeial monographs. The Drugs & Cosmetics Act 1940 and Rules there under have exclusive provisions for the regulation and quality control of Ayurvedic medicines. The first Schedule to the Drugs and Cosmetics Act of India includes 57 Ayurvedic books as classical/authoritative texts. These texts provide detailed ingredient recipes, usage levels, manufacturing processes, doses, indications, etc. Such Ayurveda preparations manufactured as per the Classical texts are referred to as Ayurvedic drugs as per the Act or, in common parlance, as classical preparations. The Drugs and Cosmetics Act permits combinations of ingredients listed in the Classical Texts and those differing from the Classical Texts under a category referred to as patent or proprietary Ayurvedic medicines. In practice, the Ayurveda practitioners use preparations enshrined in Classical Texts, Ayurvedic formulary, or proprietary Ayurvedic medicines supplied by manufacturers. Many Vaidyas manage various disease conditions with classical Ayurveda formulations or with certain modifications that are not enlisted in the classical texts of Ayurveda. Ayurveda emphasizes the judicious administration of any drug based on the disease condition by Vaidya, irrespective of their reference in the classical texts.

In Ayurveda, more than 30 therapies are categorized under modalities such as *Panchakarma* (shodhana procedures for the body), *Abhyangam* (whole body oleation), and *Shirodhara* (pouring oil or medicinal liquids in a steady stream), *Kriyakalpa* (therapeutic eye procedures), *Anushastra* (para-surgical procedures). Having a safe and effective prescription for appropriate patient care is pertinent. The treatment in Ayurveda is individualistic and holistic. Each individual in Ayurveda is believed to have a unique constitution (*Prakriti*). The diagnosis of diseases is done in a patient-specific manner, and treatment is custom-made. Many Ayurvedic practitioners successfully use innovative instruments/equipment to practice various Ayurveda procedures and manage certain disease conditions that are not indicated for these procedures.

In the recent past, Ayurveda intervention has successfully managed many new disease conditions, both acute and chronic, not described in classical texts of Ayurveda. Inevitable streaks of excellence have been happening in many areas, particularly managing the reported adverse effects of synthetic drugs/ procedures, which has put Ayurveda on the Global platform in a short time. There is a growing interest in using Ayurvedic medicine. A

significant challenge remains: How can this knowledge be translated into a larger public benefit? Due to many barriers, the ancient wisdom of Ayurveda is still not exhaustively explored. There are many avenues still to be explored by the practitioners and experts in the field who carry the responsibility of contributing to growth in the future. The futuristic goals can be accomplished when one gains insights about Ayurveda and works on strengthening it. The focus of Ayurveda practice should be on building bridges to this knowledge for public benefit.

The Ayurveda practice requires a rigorous evidence-based appraisal. Scientific validation and the documentation of Ayurvedic drugs are essential for global acceptance. Another major drawback is the need for more documentation. Recognizing these inherent issues, an attempt has been made to document clinical practice and specific conditions for the promotion and development of Ayurveda.

## AIMS & OBJECTIVES:

- i. To promote the culture of reporting of evidence-based practice among the Ayurveda Practitioners.
- ii. To provide a platform to the Ayurveda practitioners for reporting their innovative practices & experiences in various disease conditions.
- iii. Documentation of the reported successful therapeutic regimens for various disease conditions involving Single drug/ Formulation/ Procedures for the purpose of education and academics.
- iv. Identifying the interested Ayurveda practitioners for collaboration of creation of database through applications and capacity building through training in research methods and good clinical practices
- v. Undertaking research for mainstreaming the pragmatic practices through scientific validation and evidence-based appraisal.

## OPERATIONAL GUIDELINE

### PART -1

#### i. Expression of Interest

The Expression of Interest for Central Council for Research in Ayurveda Sciences (CCRAS) Ayurveda Gyan Naipunya Initiative (AGNI) - CCRAS -AGNI will be floated on the CCRAS Website in the month on November. The interested Ayurveda practitioners may apply in the given format (**Part 1**) for sharing their success stories and experiences/ innovations on disease conditions/pharmaceuticals/ instruments/equipment along with consent form. **The interested Ayurveda practitioners have to send separate expression of interest if applying for more than one claim.** The duly filled in proposal part 1 form along with the consent form and at least 10 case studies as supporting documents has to be submitted to CCRAS. The duly filled form to be send to CCRAS on the email account of CCRAS-AGNI ([ccrasagni@gmail.com](mailto:ccrasagni@gmail.com)) or it may be submitted to CCRAS on the address CCRAS-AGNI Section (*Room No 108, First Floor, Jawahar Lal Nehru Bhartiya Chikitsa Avum*

*Homeopathy Anusandhan Bhavan No.61-65, Institutional Area, Opp. 'D' Block, Janakpuri, New Delhi – 110058*) or on the address of nearest CCRAS units situated in various part of the country (Annexure IV).

**ii. Acknowledgement of the receipt of the proposals.**

The Ayurveda Practitioners, participating in this programme by sharing their experience will be acknowledged with a receipt number based on their category of experience sharing to CCRAS.

**iii. Scrutiny of the proposals**

An internal review committee and expert group formed by CCRAS will scrutinize the proposals for selection on the basis of priority disease conditions and submitted evidences.

## **PART-2**

**iv. Submission of Part 2 Form**

The Short-listed proposals will be asked to fill up the detailed case format (part 2) and to present the proposal when called for presentation by CCRAS.

**v. Brainstorming Session**

The selected proposals will be called for a brainstorming session, and closed group meeting with experts, in phase wise manner, to be held in the month of January/ February, 2024 for sharing their experiences and success stories. The place and exact date will be decided by CCRAS.

Each participant will be awarded with a certificate of appreciation. The selected proposals will be processed for Research/Academic purposes.

**vi. Mainstreaming and Scientific Validation**

CCRAS will document and publish the reported medical practices and therapeutic regimens for education and academic purpose with consultation with NCISM. Further research studies may be taken up by CCRAS on the reported medical practices for mainstreaming and scientific validation by developing research proposals in collaboration with the Ayurveda Practitioners and other relevant institutes/ organizations.

## **Programme Schedule**

Submission of proposals (part 1) in prescribed format with evidence (10 cases)	: 15 <sup>th</sup> December, 2023
Review of the part 1 proposals	: 31 <sup>st</sup> December, 2023
Submission of Part 2 forms	: 30 <sup>th</sup> January, 2024
Organizing Brainstorming Session/ interactive meetings	: February, 2024

**CONSENT FORM**  
**(For CCRAS -Ayurveda Gyan Naipunya Initiative (AGNI))**

**Please Tick Mark as Appropriate**

<b>Details</b>	<b>Yes</b>	<b>No</b>
• I have read and understood the information on CCRAS Ayurveda Gyan Naipunya Initiative (CCRAS-AGNI) and agree to take part as per the conditions laid down by CCRAS		
• I understand that participation in the initiative is strictly voluntary. If I agree to participate, the information I provide will remain confidential.		
• I understand that taking part in the initiative involves submitting case study of at least my 10 Patients on the disease condition as applicable. I consent voluntarily to submit the information in the prescribed format along with the case studies to CCRAS.		
• I understand that personal information collected by me that can identify patients, such as name or place of living, will not be disclosed beyond CCRAS and confidentiality will be maintained.		
• I understand that any information collected in the prescribed format will be anonymized and reported in aggregate form to document and publish for research and academic purpose.		
• I give permission for the information that I submit in the prescribed format of Expression of Interest of CCRAS -AGNI so it can be used for future research and learning.		
• I agree to collaborate with CCRAS as required.		

**Place:**

**Date:**

**Name:**

**Signature:**

**PART -1**

**Format of CCRAS Ayurveda Gyan Naipunya Initiative (AGNI)**

- 1. Name:**
- 2. Present address of Practice with pin code:**
- 3. Registration Number:**
- 4. State (if applicable)**
- 5. Central (if applicable)**
- 6. Permanent Address:**
- 7. Contact Number:**
- 8. Email Id:**
- 9. Qualification:**
- 10. Affiliation:**
- 11. Provide details on the categories below as applicable**
  - A: Experience in the Treatment of diseases (Prescription based)**
    - Enclose the case papers of at least 10 Patients of the indicated disease condition (Enclose 10 case papers for each disease condition, as applicable)
    - Write down your experience on the above treatment within 500 words.
  - B: Experience in use of any specific Single drug/ Formulation for various disease conditions**
    - Enclose the case papers of at least 10 Patients of the single drug or formulation (Enclose 10 case papers for each, as applicable)
    - Write down your experience on the above single/compound drug within 500 words
  - C: Experience in use of any therapeutic Procedure for various disease conditions**
    - Enclose the case papers of at least 10 Patients of the procedures (Enclose 10 case papers for each, as applicable)
    - Write down your experience on the procedure within 500 words
  - D. Experience in use of any Instrument / Equipment**
    - Enclose the case papers of at least 10 Patients of the Instrument / Equipment (Enclose 10 case papers for each, as applicable)
    - Write down your experience on the Instrument / Equipment within 500 words
  - E. Experience related to Pharmaceuticals**
    - Provide details of Processing Technique evolved
    - Write down your experience on the Pharmaceutical within 500 words
    - Enclose preliminary data for Quality Control / Analysis/ Standards

**PART-2**

**Format of CCRAS Ayurveda Gyan Naipunya Initiative (AGNI)**

- 1. TITLE OF THE PROPOSED WORK**
- 2. Name**
- 3. Present address of Practice with pin code**
- 4. Registration Number**
- 5. State (if applicable)**
- 6. Central (if applicable)**
- 7. Permanent Address**
- 8. Contact Number**
- 9. Email Id**
- 10. Experience in the field of treatment of diseases/or on any specific Single drug/ Formulation/ Procedure/ Instrument/ Equipment/ Pharmaceutical**

**A. EXPERIENCE IN THE TREATMENT OF DISEASES**

1. Name of the disease condition
2. Possible Correlation with Conventional System
3. Total years of experience in treating the disease/ indicated condition
4. Which Stage/ Type of the disease condition
5. Whether the Ayurveda Intervention(s) for the disease is
  - Classical
  - Anubhuta (New)
  - Proprietary
6. Whether the Ayurveda Intervention for the disease is
  - Standalone
  - Add on to Conventional treatment

7. Stage / Type Therapeutic Regimen of the disease

Stage/ Type of disease	Ayurveda Intervention	Dosage Forms (Svarasa/Kalka/ Kvatha/Churna/ Phanta/Hima/ Lepa/Others (If Others, please specify)	Details of Intervention			Route of administr ation	Dose	Frequency	Duration	Anupana (If any)	Dietary Regimen	Lifestyle regimen	Contra indications
			Textual Reference For Classical medicine	Manufacturer's details for Proprietary medicine and ingredient details	Ingredients in case of Anubhuta Yoga								

8. Details of investigations done before and after treatment of disease

9. Results of treatment

10. Adverse Events/ Serious Adverse Events, observed if any

11. Whether records of cases documented and maintained (Yes/ No)

12. Average number of patients of the disease treated in a year

13. Enclose the complete case papers including follow up of at least 10 Patients of the indicated disease condition along with complete laboratory investigations as applicable.



## B. EXPERIENCE IN USE OF ANY SPECIFIC SINGLE DRUG/ FORMULATION/ PROCEDURE/ INSTRUMENT/EQUIPMENT

1. Name of the Single Drug/ Formulation/ Procedure Proposed
2. Whether the Single drug/ Formulation/ Procedure has been mentioned for the same reference in literature (Yes/No)
3. If No, then tick the appropriate Category as below:
  - i. Classical formulation with New Indications
  - ii. Classical Formulations with Modified ingredients for enhanced efficacy
  - iii. Classical formulations with Modified Processing for enhanced efficacy
  - iv. Classical formulations with New dosage form /Modified into new dosage form
  - v. Modified Therapeutic Procedures
  - vi. New Single herb/plant
4. Mention the details of the disease condition in which it is indicated

Name of disease	Type of Disease	Stage of Disease	Possible correlation with Conventional System

5. Mention the details of the indications of Single Drug/ Formulation

Ayurveda Intervention	Ingredients (For Formulation)	Mode of preparation (Svarasa/Kalka/ Kvatha/ Churna/ Phanta/ Hima/ Lepa/ Others (If others, please specify)	Reference (For Classical / Proprietary)			Route of administration	Dose	Frequency	Duration	Anupana (If any)	Dietary Regimen	Lifestyle regimen	Contra indications
			Textual Reference For Classical medicine	Manufacturer's details for Proprietary medicine and ingredient details	Ingredients in case of Anubhuta Yoga								

## 6. Information on Single drug (if applicable)

a)	Origin (√ Appropriate)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<b>Plant</b>	<b>Animal</b>	<b>Mineral/ Metals</b>	<b>Others</b>
b)	Local/ Regional Name				
c)	Sanskrit Name (if available)				
d)	Hindi Name (if available)				
e)	English Name				
f)	Botanical/Zoological/ Chemical Name				
g)	Part/Parts used			<input type="checkbox"/> Fresh <input type="checkbox"/> Dry	
h)	Period of collection of Plant	<input type="checkbox"/> Specific, Details:	<input type="checkbox"/> Not specific		
i)	Storage condition	<input type="checkbox"/> Specific, Details	<input type="checkbox"/> Not specific		
j)	Photograph (Field Photograph) of the Raw drug, if available	<input type="checkbox"/> Whole plant	<input type="checkbox"/> Part used		
k)	Photograph of the Final product, if available	<input type="checkbox"/> Collected	<input type="checkbox"/> Not collected		
l)	Specimen of Raw drug	<input type="checkbox"/> Available	<input type="checkbox"/> Not available		
m)	Specimen of final product	<input type="checkbox"/> Available	<input type="checkbox"/> Not available		
n)	Videography of method of preparation	<input type="checkbox"/> Available	<input type="checkbox"/> Not available		

## 7. Information on formulation (if applicable):

a)	Name of the formulation				
b)	Dosage form of formulation	<input type="checkbox"/> Svarasa	<input type="checkbox"/> Kalka	<input type="checkbox"/> Kvātha	<input type="checkbox"/> Kvāthacūrṇa
		<input type="checkbox"/> Phāṇṭa	<input type="checkbox"/> Kṣīrapāka	<input type="checkbox"/> Hima	<input type="checkbox"/> Arka
		<input type="checkbox"/> Cūrṇa	<input type="checkbox"/> Vaṭi	<input type="checkbox"/> Kṣāra	<input type="checkbox"/> Lepa
		<input type="checkbox"/> Taila	<input type="checkbox"/> Ghṛta	<input type="checkbox"/>	<input type="checkbox"/> Leha
		<input type="checkbox"/> Varti	<input type="checkbox"/> Sattva	<input type="checkbox"/> Bhasma	<input type="checkbox"/> Rasa Yoga
		<input type="checkbox"/> Others (specify) (eg. Gels, Granules etc.)			

c)	Method of preparation in detail including the number of ingredients and their proportion (weights and measures preferably in Metric equivalents)		
d)	Videography of method of preparation	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
f)	Photograph of the raw drugs	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
g)	Photograph of the final product	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
h)	Specimen of raw drugs	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
i)	Specimen of final product	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
j)	Whether the formulation is prepared by Self or Pharmacy	<input type="checkbox"/> Self	<input type="checkbox"/> Pharmacy Kindly provide: Name of Pharmacy  Address of Pharmacy

### 8. Details of ingredients of Compound formulation (optional)

S.no	Local name	Origin	Sanskrit Name	Hindi Name	English Name	Botanical/ Zoological name	Part used	Quantity	Period of Collection	Storage condition

### 9. Information on Procedures (if applicable)

S.No.	Information on Procedure	Details
i.	Name of Procedure	
ii.	Aids/ tools used	
iii.	Description of the Procedure/Technique	
iv.	Care during procedure	
v.	Pre procedure precautions/ care, if any	

vi.	Post procedure care	
vii.	List of medicines used in the process	
viii.	Outcome of the procedure	
ix.	Contraindications (if any)	

**10. Information on Instrument/Equipment (if applicable)**

<b>S.No.</b>	<b>Information on Instrument/Equipment</b>	<b>Details</b>
i.	Name of Instrument/Equipment	
ii.	Is the Instrument/ Equipment from the Ayurveda Classics (Yes/No)	
iii.	If Yes, mention the value addition to the Instrument/Equipment	
iv.	Description of the Instrument/Equipment	
v.	Care during Use of Instrument/Equipment	
vi.	Contraindications (if any)	

11. Average number of patients of the disease treated in a year using proposed Single drug/ Formulation/ Procedure/ Instrument/Equipment in the indicated disease condition
12. Total years of experience in treating the disease/ indicated condition
13. Whether records of cases documented and maintained (Yes/ No)
14. Details of investigations before and after treatment (if any)
15. Results of treatment
16. Adverse Events/ Serious Adverse Events, observed if any

## C. EXPERIENCE RELATED TO PHARMACEUTICALS

1. Name of the Single drug/Formulation
2. Method of preparation in detail including the number of ingredients and their proportion (weights and measures preferably in Metric equivalents)
3. Write up on Processing Technique evolved (Maximum 1000 word)
4. Enclose preliminary data for Quality Control / Analysis/ standards
5. Please tick as applicable and enclose the supporting details with the proposal

a)	Videography of method of preparation	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
b)	Photograph of the raw drugs	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
c)	Photograph of the final product	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
d)	Specimen of raw drugs	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
e)	Specimen of final product	<input type="checkbox"/> Available	<input type="checkbox"/> Not available
f)	Whether the formulation is prepared by Self or Pharmacy	<input type="checkbox"/> Self	<input type="checkbox"/> Pharmacy Kindly provide: Name of Pharmacy  Address of Pharmacy

**List of CCRAS Institutes**

S. No.	Name of CCRAS Institutes	Address
1.	Central Ayurveda Research Institute, New Delhi	Road No.66, Punjabi Bagh(West) New Delhi – 110 026
2.	National Ayurveda Research Institute for Panchakarma, Cheruthuruthy	National Ayurveda Research Institute for Panchakarma, Cheruthuruthy, Thrissur District, Kerala-679531, (India)
3.	Central Ayurveda Research Institute, Bhubaneswar	Bharatpur, Near Kalinga Studio, Bhubaneswar- 751029,Dist- Khorda, Odisha
4.	Central Ayurveda Research Institute, Kolkata	4-CN Block, Sector – V, Bidhannagar, Kolkata – 700 091
5.	Central Ayurveda Research Institute, Patiala	Moti Bagh Road, Patiala-147001
6.	Raja Ramdeo Anandilal Podar (RRAP) Central Ayurveda Research Institute, Mumbai	Podar Medical Campus, Dr. Annie Besant Road, Worli, Mumbai-400018, Maharashtra, India
7.	National Institute of Indian Medical Heritage, Hyderabad	Survey No.314, Revenue Board Colony, Gaddiannaram, Hyderabad-500036, Telangana.
8.	Regional Ayurveda Research Institute, Lucknow	INS-106, Sector-25, Indira Nagar, Lucknow- 226016
9.	M.S. Regional Ayurveda Research Institute, Jaipur	Indira Colony, Bani Park, Jhotwara Road, Jaipur- 302016
10.	Regional Ayurveda Research Institute, Gwalior	Aamkho, Gwalior-474009 (M.P.)
11.	Regional Ayurveda Research Institute, Vijayawada	New Rajiv Nagar, Payakapuram, Vijayawada- 520015, Andhra Pradesh
12.	Regional Ayurveda Research Institute, Nagpur	Near Gharkul Parisar, Near Venkatesh Nagar, NIT Complex Nandanwan, Nagpur – 440009 Maharashtra
13.	Central Ayurveda Research Institute, Bengaluru	12, Uttarahalli Manavarthe Kaval, Uttarahalli (Hobli), Bangalore South (Tq.) Kanakapura Main Road, Talaghattapura Post, Bengaluru - 560109
14.	Regional Ayurveda Research Institute,Thiruvananthapuram	Poojappura, Thiruvananthapuram Kerala-695012
15.	Regional Ayurveda Research Institute, Patna	RMRI Building “D” Block, Agam Kuan, Patna-800007,
16.	Central Ayurveda Research Institute, Guwahati	Borsojai, Beltola, Guwahati-781028
17.	Regional Ayurveda Research	Tadung, Gangtok, Sikkim-737102

	Institute, Gangtok	
18.	Regional Ayurveda Research Institute, Itanagar	Near Mithun Gate, Itanagar-791111, Arunachal Pradesh,
19.	Regional Ayurveda Research Institute, Jammu	Rajinder Nagar, Ban Talab, Jammu-181123
20.	Regional Ayurveda Research Institute, Mandi	Gandhi Bhawan, Mandi-175001 (H.P.)
21.	Regional Ayurveda Research Institute, Ahmedabad	Block A & D, 2nd Floor, Bahumali Bhavan, Manjushree Mill Compound, Near Girdharnagar Over Bridge, Asarwa, Ahmedabad-380004
22.	Regional Ayurveda Research Institute, Ranikhet	CCRAS, Thapla, Ganiyadeoli, Ranikhet, Almora (Uttarkhand), Pin – 263645
23.	Central Ayurveda Research Institute, Jhansi	Gwalior Road, Jhansi-284003 (U.P.)
24.	Regional Ayurveda Research Institute, Pune	Nehru Garden, Kothrud, Pune – 411038 Landmark : Near Gandhi Bhawan, Behind Cummins Factory,
25.	Captain Srinivasa Murthy Central Ayurveda Research Institute, Chennai	Arignar Anna Government Hospital Campus, Arumbakkam, Chennai – 600 106
26.	Regional Ayurveda Research Centre, Agartala, Tripura	135, Ramnagar Road, No.4, Opp. Raj Bhandar, Agartala, Tripura. Pin. 799002
27.	Dr. Achanta Lakshmipati Regional Ayurveda Research Institute, Chennai	2nd Floor, VHS Campus, Taramani, Chennai, Tamilnadu. PIN: 600113
28.	Regional Ayurveda Research Institute, Port Blair	Quarter No. NGII - 1/3, Chakkargaon (PO), Opp. Municipal Complex, Near Ganesh Temple, Chakkargaon, Port Blair, South Andaman-744112
29.	Regional Ayurveda Research Centre for Mineral and Marine Medicinal Resources, Goa	Old GMC Building, Raibander, Goa, Pin- 403006
30.	Regional Ayurveda Research Centre, Dimapur, Nagaland	CMO Building, 1st Floor, District Hospital Colony Dimapur, Nagaland, Pin. 797112