

To Study the Role of Mamajjaka (Enicostemma Littorale) in the Management of Prameha W.R.T. Diabetes Mellitus Type – II

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Abstract

Now a days changes in the life style and more use of western lifestyle like fastfood, drinks, high calories diets which have ill effect on our body. They also decrease the natural immunity present in the body resulting in various diseases.

The disease Prameha is correlated with diabetes, has become a global problem, in spite of advances in modern science.

Diabetes is also a Maharoga (major disease) because it affects most parts of the body and every cell of human physiology. Complications are developed in most of the cases of Prameha. There are many medicines in modern and Ayurveda, which are used in Prameha (diabetes). The present study deals with the efficacy of Mamajjaka in the management of Prameha (diabetes), particularly in diabetic type II patients, to see whether any significant relief can be provided by this drug.

Total 10 patients of diabetes type II were randomly selected from OPD and IPD of Govt. Ayurved Hospital, Nanded and given churna of Mamajjak in the form of capsule 2 gm daily for 21 days. After a course of therapy symptomatic improvement has been observed in these patients.

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