

Effect of Amashaya Sodhana with Varuna Twak Kashaya in the management of Parinamashula (Duodenal Ulcer)

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Abstract

A clinical study was conducted at Clinical Research Unit, Hyderabad to evaluate the efficacy of Amashaya sodhana a new technique of gastric lavage with Varuna twak kashaya on 411 cases of Parinamashula (Duodenal Ulcer). Among the 411 cases, 158 (38.44%) cases got good response, 154 (37.47%) got fair response, 81(19.71%) got poor response and 18 (4.38%) cases did not responded for the treatment. Based on the statistical analysis highly significant ($P < 0.001$) relief was found in Pain Abdomen, Vomiting, Burning Sensation in Abdomen, Tenderness in Epigastrium, Nausea, Acid Eructation, Flatulence, Indigestion & Constipation. Functional improvement was also found in Fraction Test Meal (FTM) study.

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