

Study on Ojah Kshaya W.S.R to Madhumeha Hara Dravyas in Samhitas

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Abstract

Madhumeha or diabetes mellitus is the most important disease, which occurs due to ojahkshaya. Modern hypoglycemic drugs control the blood sugar level thus it delays the manifestation of diabetic complications. But it does not wipe out the agony of the disease. Guduchi is a very popular rasayana having ojavardhaka properties. The present study has been designed on the hypothesis that by improving ojas status, guduchi will bring beneficial effect on madhumeha. 30 NIDDM patients of three deferent Groups had completed the clinical trial. Among them combined therapy group showed better result.

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