

A Clinical Study on Madhumeha (Type 2 Diabetes Mellitus) and its Management with an Indigenous Polyherbal Formulation

Bharat Krushna khuntia* NC Das** & BK Das**

Abstract

A study on Madhumeha (Type 2 DM) and its Management with an Indigenous polyherbal formulation has been carried out under two separate groups i.e. group I with 20 patients and group II with 20 patients during the period from July 2007 to June 2008 at P.G. Dept. of Kayachikista, GAM Puri. The Drug administered orally for 30 days and assessed on 16th and 31st days subsequently.

Patients under trial group obtaining satisfactory relief about 95% while 5% remained unsatisfactory after a 15 days trial while a 30 days trial have benefited to all in lieu of moderate and maximum relief being 20% and 80% each respectively.

On the other hand the patients under control group have been benefited with a satisfactory relief after 15 days of trial, which is further elevated and recorded to be 85% of maximum and 15% of moderate relief after 30 days.

*PG Student, Department of Kayachikitsa, Gopabandhu Ayurveda Mahavidyala Puri, Orissa.

** Prof. Department of Kayachikitsa, Gopabandhu Ayurveda Mahavidyala Puri, Orissa.