

CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES

**Work Carried out
during
2015-16**

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Objective/Outcome: To undertake scientific research for validation of Ayurveda system of medicine. The core research areas comprise Medicinal Plant Research (Medico-ethno botanical Survey, Drug Standardization, Pharmacological Research, Clinical Research, Literary research and Documentation

I. Clinical Research

Intra Mural Research Projects completed - 9 projects

S. No.	Project	Participating centre	Principal Investigator	CoI	Nodal Officer
1.	Clinical Evaluation of Nisha Amalaki and Chandraprabha Vati in the management of Type-II Diabetes mellitus (Madhumeha)	NEIARI, Guwahati	Dr. B.K. Bharali	Dr. T. Borah	Dr.Sarada Ota
		ACDRI, Ahmedabad	Dr. G. V.Vishram	Dr. M. V. Acharya	
		ACRI, New Delhi	Dr. Seema Jain	Dr. H. K. Panigrahi	
		AMHRI, Nagpur	Dr. S. Namboori	Dr. K. S Deshbratar	
5.	Clinical evaluation of Vajraka Ghrita, Arogyavardini Vati and Dineshavaladi Taila in the management of Kitibha (Psoriasis)	NARIVBD, Vijayawada	Dr. T. Maheswar	Dr.G.Babu	Dr.Bharti
		ACRI, New Delhi	Dr. H. Panigrahi	Dr.Seema Jain	
7.	Clinical Evaluation of Brahma Rasayana in the management of Manas Mandata (Mental Retardation)- an Open Clinical Trial	ACAMH&NS, Bangalore	Dr. Srinibash Sahoo	Dr. Sulochana Bhatt	Dr.Babita Yadav
8.	Evaluation of clinical efficacy & Safety of the Vamana karma followed by Takradhara & Rasaushadhi Rasayana Chikitsa in Kitibha (Psoriasis).	NRIADD, Kolkata	Dr. Achintya Mitra	Dr. Debajyoti Das	Dr.Bharti
		NRIP, Cheruthuruthy	Dr.P. Radhakrishnan	Dr.P. Radha Krishnan	
10.	Clinical evaluation of Nisha Katakadi Kashaya and Yashada Bhasma in the management of Type-II Diabetes Mellitus (Madhumeha)	NARIVBD, Vijayawada	Dr. V. Subhose	Dr. G. Babu	Dr.Sarada Ota
		ARRI, Mandi	Dr. S.K. Sharma	Dr. Om Raj Sharma	
		ALRCA Chennai	Dr. P. Srinivas	Dr.AJV Sai Prasad	

		NRIP, Chy	Dr. V.C. Deep	Dr. P. Radhakrishnan	
14.	Clinical evaluation of Vasalveha in the management of Chronic Bronchitis	AMHRI, Nagpur	Dr. M. N. Suryawanshi	Dr.U.R.Sekhar Namburi	Dr.Babita Yadav
		ACRI, Jaipur	Dr.H.M.L.Meena	Dr. A.Bhatnagar	
		NARIVBD, Vijayawada	Dr. V. Subhose	Dr. G. Babu	
17.	Clinical evaluation of Yogaraja Gugguly and Gandharvahasta Taila in the management of Osteoarthritis	ACRI, New Delhi	Dr. Deepa Makhija	Dr.M.M.Rao	Dr. Sarada Ota
		NRIP, Cheruthuruthy	Dr. Radhakrishnan	Dr.V.C.Deep	
		NEIARI,Guwahati	Dr. Dinesh Baruah	Dr.Tapasi Borah	
20.	Clinical evaluation of Kutajarishta in the management of Irritable Bowel Syndrome (IBS)	ARRI, Mandi	Dr. S.K. Sharma	Dr. Om Raj Sharma	Dr.Renu Singh
		NIAPR, Patiala	Dr. H. Singh	Dr.Rinku Tomar	
		ARRI, Jammu	Dr. K.Kumari	Dr.Laxman Burke	
23.	Clinical evaluation of Sarasvata Ghrita in the management of Cognitive Deficit	ACAMH&NS, Bengaluru		Dr.H.K.Gupta Dr.Sudhakar	Dr.Babita Yadav

Intra Mural Research Projects ongoing- 18 projects

S. No.	Project	Participating centre	Principal Investigator	CoI	Nodal Officer
1.	Clinical Evaluation of a comprehensive Ayurvedic intervention in the management of Manodwega (Generalized Anxiety Disorder)	ACAMH&NS, Bangalore	Dr. G.V. Ramana	Dr. D.Sudhakar, Dr.H.K.Gupta,	Dr.Renu Singh
2.	Clinical evaluation of Vatari Guggulu and Hingvashtaka Churna in the management of Rheumatoid Arthritis	ARRI, Patna	Dr. A. Srivastava	Dr.K.K.Singh	Dr.Shruti Khanduri
		NRIADD, Bhubaneswar	Dr. S.K.Meher	Dr.S.K.Mehar	
		NEIARI, Guwahati	Dr. Tapasi Borah	Dr.Dinesh Baruah	
5.	Clinical evaluation of Ashwagandha churna and Pravala pishti in the management of Osteopenia/Osteoporosis	ACRI, Mumbai	Dr. M. Gundeti	Dr.R.G.Reddy	Dr.Sunita
		NADRI, Bangalore	Dr.Kishore	Dr.S.K.Giri	
7.	Clinical evaluation of Navayasa churna in the management of Iron Deficiency Anaemia	ARRI, Mandi	Dr. Om Raj Sharma	Dr.S.K.Sharma	Dr.Babita Yadav
		ACRI, Jaipur	Dr. B.R.Meena	Dr.V.B.Kumawat	
		NIAPR, Patiala	Dr. Harbans Singh	Dr. Rajesh Sannd	

10.	Clinical evaluation of Kanakasava and Trivrita Churna in the management of Bronchial Asthma	NARIVBD, Vijayawada	Dr.T.Maheswar	Dr.V.Subhose	Dr.S.Singh
		ACRI, Jaipur	Dr.Bhuvneswar	Dr.H.M.L.Meena	
		NADRI, Bengaluru	Dr. S.D. Doddamani	Dr.G. Venkateswarlu	
13.	Clinical evaluation of Kushmandaka Rasayana in the management of Chronic Bronchitis	AMHRI, Nagpur	Dr. Kiran Kale	Dr. M. N. Suryawanshi	Dr.Babita Yadav
		NRIASHRD, Gwalior	Dr. P.L. Bharti	Dr.Om Prakash	
		NRIADD, Kolkata	Dr.D.S.Sahu		
16.	Clinical evaluation of Chyavanaprasha in the management of Rasayana	ACRI, Mumbai	Dr. Sneha	Dr.R.G.Reddy	Dr.B.S. Sharma
		NADRI, Bengaluru	Dr. S.K. Giri	Dr.Kishore Kumar	
		ALRCA, Chennai	Dr. P. Srinivas	Dr.K.Prameela Devi	
19.	Clinical evaluation of efficacy of the Panchtiktaguggulu Ghrita and Brihanmarichadya Taila in the management of Psoriasis w. s. r. to Pathya-apathya	AAMKHO, Gwalior	Dr. Om Prakash	Dr.P.L. Bharati	Dr.Shruti Khanduri
20.	Clinical evaluation of Gokshuradi Guggulu and Gudchi churna in the management of type II Diabetes Mellitus (Madhumeha)	AAMKHO, Gwalior	Dr. AD Jadhav	Dr.Anil Mangal	Dr.Sarada Ota
21.	Clinical Evaluation of Parthadyarishtha (Arjunarishtha) and Sarpagandha Vati in the management of Essential Hypertension (Uccha Raktachap)	ARRI, Patna	Dr. KK Singh	Dr.A.K. Srivastava	Dr.Babita Yadav
22.	Clinical evaluation of Goksura churna and Sveta parpati in the Management of Mutrasmari (Urolithiasis)	NVARI & H, Lucknow	Dr. Sanjay Kumar Singh	-	Dr.Renu Singh
23.	Clinical Evaluation of Khadirarishtha and Kanchanara guggulu in the management of Uterine Fibroids – An exploratory study	ARIAMCHC, Thiruvananthapuram	Dr. S. Indirakumari	Dr.K.S.Sethu, Dr.S.P.Ota	Dr.Sarada Ota
24.	Clinical evaluation of Vyoshadi Guggulu and Panchasama Churna in Amavata (Rheumatoid Arthritis)	NRIADD, Bhubaneswar	Dr. SK Meher		Dr.Sunita
25.	Clinical Evaluation of Efficacy of Mahatriphaladi Ghritam and Anu Taila Nasyam in the Management of Computer	ACRI, New Delhi	Dr. Mridula Dua	Dr.Deepa Makhija	Dr. Sarada Ota

	Vision Syndrome				
26.	Clinical evaluation of Rudraksa Churna in the management of Essential Hypertension (Uccha Raktachapa)	ACRI, Jaipur	Dr. V.B. Kumawat	Dr.Anu Bhatnagar Dr.A.K.Jain	Dr.Babita Yadav
		ARRI Itanagar	Dr.K.K.Brahma		
28.	Clinical evaluation of Punarnava Guggulu and Rasna Saptaka Kashaya in the management of Rheumatoid Arthritis (Amavata)	NVARIH Lucknow	Dr.Vimal Tewari	Dr.M.K. Chaturvedi	Dr.Sunita
		ARRI Gangtok	Dr. T.K.Mondol	Dr.S.K.Debnath	
30.	Clinical efficacy and safety of Brihat Gangadhara Churna in the management of Irritable Bowel Syndrome	NRIADD, Kolkata	Dr. D Das	Dr.Achintya Mitra	Dr. B.S. Sharma
31.	Clinical evaluation of Mamajjaka Ghana Vati in the management of Madhumeha (Type II Diabetes Mellitus)	NADRI, Bangalore	Dr.M.N.Subhashree	Dr.S.H.Dodamani	Dr. Sarada Ota
		NRIADD, Bhubaneswar	Dr.Bikartan Das	Dr.M.M.Rao	
		NVARI&H, Lucknow	Dr.G.C.Nanda	Dr. Vimal Tewari	