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(Updated in February, 2026)**

**Central Ayurveda Research Institute  
(Under Central Council for Research in Ayurvedic Sciences,  
Ministry of AYUSH, Govt. of India)**

**Punjabi Bagh (West), Road  
No.66, New Delhi- 110026**

## **RTI APPLICATION FORM**

1. Particulars of the Applicant:
  - (a) Name:
  - (b) Address:
  - (c) E-mail address:
  - (d) Phone/Fax No.:
2. Date of Submission of Application:
3. Subject Matter:
4. Details of Information requested:
5. Period to which the information relates:
6. Fee enclosed (in cash/DD/Banker's Cheque/IPO):
7. Due date by which information is to be furnished (30 days from submission of application):
8. How the applicant would like his information to be sent:
  - (a) By Post:
  - (b) To be collected by hand:
  - (c) By e-mail:
  - (d) By fax:

## CARI, New Delhi Staff Patterns

S. No	Name of the Post	Number of Post Sanctioned	Number of Post filled as on date	Number of Vacant Posts
1.	Director (Institute)	1	0	1
2.	Assistant Director (Ayurveda)	1	0	1
3.	Assistant Director (Medicine)	1	0	1
4.	Assistant Director (Bio-chem.)	1	0	1
5.	Assistant Director (Pathology)	1	0	1
6.	Administrative Officer	1	0	1
7.	Research Officer (Ayu.)	20	20	0
8.	Research Officer (Pathology)	1	2	0
9.	Assistant Matron	1	1	0
10.	ARO (Physiotherapist)	1	1	0
11.	Sister-in-Charge	2	1	1
12.	Statistical Assistant	1	0	1
13.	Hindi Assistant (Translator)	1	1	0
14.	Staff Nurse	8	10	0
15.	Pharmacist	7	4	3
16.	Radiographer	1	0	1
17.	Security In-charge	1	0	1
18.	Social Worker	1	0	1
19.	Stenographer Grade-'I'	1	0	1
20.	Assistant	1	2	0
21.	Electrician	1	0	1
22.	Medical Lab. Technologist	6	3	3
23.	Panchakarma Technician (02 Male + 02 Female)	4	3	1
24.	Private Secretary	1	0	1
25.	UDC	5	1	4
26.	Dark Room Assistant	1	1	0
27.	Library & Information Assistant	1	1	0
28.	Staff Car Driver Grade-1	2	1	1
29.	Gestetner Operator	1	0	1
30.	LDC	5	1	4
31.	Laboratory Assistant	1	-	1
32.	Laboratory Attendant	3	3	0
33.	MTS (cook)	3	0	3
34.	Dresser	1	0	1
35.	Panchakarma Attend.	8	0	8
36.	MTS (Aya)	6	3	3
37.	MTS (Chowkidar)	4	2	2
38.	MTS (DHOBI)	1	1	0
39.	Kitchen Servant	3	-	3
40.	MTS (Labourer/Farma Attendant)	3	3	0
41.	MTS (Mali)	2	2	0
42.	MTS (Peon)	8	5	3
43.	Safaiwala	6	-	6
44.	MTS (Ward Boy)	6	0	6
45.	MTS (Female Attendant)	1	0	1
<b>TOTAL</b>		<b>136</b>	<b>75</b>	<b>68</b>

The Post below are not in the sanctioned strength of the Institute: -

- 02: - ARO (Clinical Psychology)
- 01: - Animal Attendant

Note: Staff at Rashtrapati Bhawan

- 02: - Research officer (Ay)- Deputed from the Institute
- 02: - (01Male + 01 Female)- Panchkarma Technician
- 01: - Pharmacist

## **The Particulars of its Organization, Functions and Duties**

### **INTRODUCTION: -**

Central Ayurveda Research Institute, New Delhi was established in the year 1979 (under Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India). This Institute is devoted to Clinical Research in the field of Ayurveda. This Institute is housed in a rented building and caters to health care services of general public besides conducting Clinical Research Studies on various chronic disease conditions and diseases from priority areas of the country.

The Clinical Research and patients care services are being carried out through various Units/Sections like, *Panchakarma*, *Ksharasutra*, Pharmacy, *Jalukavacharana*, *Kriyakalpas*, Clinical Laboratory, Physiotherapy, Library and specialty clinics like Geriatric, Eye, Preventive Cardiology, ENT, Arthritis etc.

**Following sections are functioning in this Institute:**

#### ***1. Technical Section***

#### ***2. Administrative Section***

**The technical section deals with the following activities**

##### **➤ RESEARCH ACTIVITIES**

- Collaborative Projects
- IMR Projects
- Annual Action Plan Projects
- Outreach Activities

##### **➤ TREATMENT FACILITY**

- IPD facility at CARI, New Delhi
- OPD facility at CARI, New Delhi
- OPD facility at satellite centres at:
  - ATC, Safdarjung Hospital
  - ATC, Lady Hardinge Hospital
  - Ayurvedic Unit- FAP, Supreme Court
  - Ayurveda Treatment Center, ABVIMS, Dr. Ram Manohar Lohia Hospital
  - Ayush Wellness Clinic at President's Estate.

- CCRAS-JNU Treatment & Research facility, JNU, New Delhi
- CSIR-NPL- New Delhi
- Press club of India, New Delhi

**Administrative Section:** Administration section of the institute includes Admin Department, Accounts, Recruitment & Establishment section and management of the Institute and Hospital.

### **IN-PATIENT DEPARTMENT (IPD)**

Total admitted patients during the reporting period were 704, out of which 331 were males and 373 were females. The IPD provides specialized Ayurvedic management for various chronic and lifestyle disorders requiring inpatient care and Panchakarma procedures.

### **OUT-PATIENT DEPARTMENT (OPD)**

#### **CARI, Punjabi Bagh, New Delhi**

CARI, New Delhi is providing OPD facilities to the patients in the morning shift (9:00 am to 1:00 pm). Special clinics like Ano-Rectal Clinic, Preventive Cardiology Clinic, Arthritis Clinic, ENT Clinic, Eye Clinic, Pediatric Clinic and Geriatric Clinics are functioning on designated days. During the reporting period the Institute has provided OPD services to 102,743 patients and dispensed medicines free of cost. Out of which 52,857 patients were males and 49,886 were females. During the reporting period 53,723 new patients and 49,020 old (follow-up) patients attended the OPD. Preference in registration and consultation has also been provided to senior citizens and research participants.

Most of the patients reported with conditions like Sandhivata, Madhumeha, Vataroga, Raktagata Vata, Shwasa, Mutrakriccha, Daurbalya etc.

#### **Ayurvedic Treatment Centre, Lady Hardinge Medical College & Hospital, New Delhi**

Ayurvedic Treatment Centre at Lady Hardinge Medical College was established on 19th September, 2009. During the reporting period a total of 17,053 patients attended the OPD out of which 8,077 patients were males and 8,976 patients were females. It was observed that most of the patients who attended the OPD were suffering from Sandhivata, Pratishtyaya, Daurbalyam, Kasa, Vibandha, Arsha, Amlapittam etc.

#### **ATC, Safdarjung Hospital, New Delhi**

Ayurveda Treatment Centre was established in January 1998. During the reporting period a total of 22,238 patients attended the OPD out of which 11,478 patients were males and 10,760 patients were females. Common diseases found in the OPD were Vataroga, Sandhivata, Amavata, Madhumeha, Arsha and Twak Rogas etc.

#### **Ayurveda Treatment Centre, ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi**

Ayurvedic Treatment Centre at PGIMER-Dr. Ram Manohar Lohia Hospital has been functional since 14th January 2016. During the reporting period a total of 7,511 patients attended the OPD out of which 3,679 patients were males and 3,832 patients were females. Most of the patients

attending the OPD were suffering from Sandhivata, Vatavyadhi, Vibandha, Raktagata Vata, Kasa, Gridhrasi, Shirahshoola, Varicose veins etc.

#### **Ayush Wellness Clinic, President's Estate**

Ayush Wellness Clinic at President's Estate has been functioning under CARI, New Delhi. During the reporting period a total of 4,342 patients were treated, out of which 2,776 were male patients and 1,566 were female patients. Most of the patients attending the OPD were suffering from Trikashoola, Daurbalyam, Sandhivata, Kasa, Raktagata Vata etc.

#### **Ayurveda Unit: FAP – Supreme Court of India, New Delhi**

The Ayurveda Unit at FAP, Supreme Court of India has been functioning in the Supreme Court premises. During the reporting period a total of 3,615 patients were treated out of which 2,018 were males and 1,597 were female patients. Most of the patients were suffering from Madhumeha, Daurbalyam, Amlapitta, Ajirna, Kasa etc.

#### **CCRAS-JNU Treatment & Research Facility, New Delhi**

The CCRAS-JNU Treatment and Research Facility provides consultation to students and employees of the university campus. During the reporting period a total of 4,407 patients were given consultation, of which 2,276 were males and 2,131 were females.

#### **Ayurvedic Treatment Centre, CSIR-NPL, New Delhi**

In compliance with Council directions, an Ayurvedic Treatment Centre was initiated at National Physical Laboratory, CSIR, New Delhi for the health benefit of officers and staff. During the reporting period a total of 1,223 patients were consulted, out of which 660 were male patients and 563 were female patients.

## **SECTION-WISE ACTIVITIES**

### **Panchakarma Section**

Panchakarma section has been functioning in the institute offering various therapeutic procedures to patients as per the need such as Vamana (therapeutic emesis), Virechana (therapeutic purgation), Anuvasana Vasti (oil enema), Asthapana Vasti (decoction enema) and Nasya (nasal administration). Apart from these, several traditional Keraliya Chikitsa procedures like Shashtika Shali Pinda Sweda, Patra Pinda Sweda, Shirodhara, Shirobasti, Katibasti and Janubasti are also practiced successfully.

During the reporting period, 895 patients received Panchakarma related procedures. These procedures were carried out for the management of conditions like Pakshavadha, Gridhrasi, Amavata, Sandhivata, Katishoola, Greeva Stambha, Katigraha, Ardita, Ardavabhedaka etc.

### **Physiotherapy Section**

The Physiotherapy section provides treatment for both OPD and IPD patients suffering from musculoskeletal and neurological disorders. The section is equipped with modern physiotherapy modalities and provides therapeutic interventions for conditions such as Osteoarthritis,

Rheumatoid Arthritis, Adhesive Capsulitis, Cervical and Lumbar Spondylosis, Post-stroke rehabilitation, Peripheral nerve injuries, Sports injuries and other musculoskeletal disorders.

During the reporting period 1,672 patients received physiotherapy treatment, of which 587 were male patients and 1,085 were female patients.

### **Leech Therapy Clinic**

The Leech Therapy Clinic caters to patients suffering from conditions such as Twak Rogas, Sira-Shotha, Shvitra and other inflammatory disorders. During the reporting period 157 patients received treatment through leech therapy procedures.

### **Eye Clinic**

The Eye clinic has been functioning efficiently and providing services to eye patients through OPD consultations and specialized Kriyakalpa procedures. During the reporting period 4,654 patients attended the Eye clinic, out of which 2,208 were males and 2,446 were females. Common eye conditions treated included Timira, Abhishyanda, Kacha, Shushkakshipaka and other ocular disorders.

A total of 3,927 Kriyakalpa procedures were performed to manage different eye conditions.

### **ENT Clinic**

The ENT clinic caters to patients suffering from conditions such as Pratishyaya (rhinitis), Pinasa, Badhirya (hearing disorders), Karnashoola, Karnanada and related ENT conditions. During the reporting period 1,227 patients attended the ENT clinic, out of which 734 were males and 493 were females.

### **Arthritis Clinic**

The Arthritis clinic provides specialized care for patients suffering from Sandhivata, Amavata, Katishoola, Gridhrasi and other musculoskeletal disorders. During the reporting period 1,929 patients attended the Arthritis clinic, including 698 male patients and 1,231 female patients.

### **BalRoga Clinic**

During the reporting period, a total of 1,879 patients attended for the management of various diseases such as Pidika, Vatavyadhi, Shoola, Krimi, Shwitra, Pangu, Kushtha etc., out of which 905 were male patients and 974 were female patients.

### **Library**

The library section of the Institute has 1,954 books in Hindi and English. The library remains open for readers from 9:30 AM to 4:30 PM.

### **Clinical Laboratory**

The NABL accredited laboratory section provides services to both general patients from OPD, IPD and research subjects. During the reporting period, a total of 24,723 laboratory investigations were carried out.

## **Pharmacy**

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute as Lady Harding, Dr RML hospital, Supreme Court, Safdarjung Hospital, President Estate Ayurveda, & JNU treatment Centre. The Pharmacy also keeps balance in demand and supply of medicines for clinical projects. In this current year pharmacy has procured medicines worth Rs. 2,54,64,291.00 for meeting the demand.

## **Hindi Section**

Hindi section has been playing a leading role to follow *Official Language Rules* such as issuing all documents related to Section 3 (3) in bilingual, answering the letters in Hindi and keeping continuous efforts towards meeting the annual target. All quarterly progress reports, half-yearly progress reports are prepared on time and submitted to the Official Language Department and *NARAKAS (Town Official Language Implementation Committee)* by email and online. *Vibhagiya Rajbhasha Karyanvayan Samiti* meeting is being organized in each trimester to observe the official & technical work in Hindi in every department. Hindi Pakhwada was successfully organized from 14th Sept to 29th Sept, 2023. This year four "One Day Hindi workshops" were organized. In the half-yearly meetings organized by the Town Official Language Implementation Committee, the institution was praised for increasing percentage towards achieving the annual target. The institute had also been lauded for their efforts in the E- Nirikshan done by CCRAS HQs on 28.12.2023.

Hindi workshops:

- 03.02.2025
- 27.06.2025
- 15.09.25 to 30.09.25
- 01.10.2025
- 10.12.2025

## **Medicinal Plant Garden**

The Institute is maintaining a medicinal plant garden for dual purposes, i.e., for demonstration as well as for providing raw herbs for Panchakarma and Ksharasutra therapy. For identification and demonstration purposes, all the plants have specific nameplates indicating their classical names, botanical names, family and main uses. The medicinal garden continuously provides raw herbs for various Panchakarma procedures and Ksharasutra therapy, such as *Madhuyashti, Narikel, Shigru, Haritaki, Ashwagandha, Guduchi, Bhrami, Isabgol, Nirgundi, Agnimantha, Jati*, etc.

## **Major Activities (Ayurveda)**

Clinical research on lifestyle related and non-communicable disorders focusing on cardiovascular diseases

### **Other Activities:**

- Health care services through Out-Patient Department (OPD) and In-Patient Departments (IPD)
- Special facility for Ksharasutra & Panchkarma
- Special Clinics for Geriatric Health Care
- Training Centre for Clinical Research and Para-Medical Subjects
- Research oriented Public Health care services (outreach activities) i.e., Ayurveda Mobile Health Care Project under SCSP
- Any other assignment of National importance related to Research & Development in Ayurveda.

### **Activities organised by Institute during 2025-26**

During the year 2025–26, CARI, New Delhi organized various public health, academic, awareness, and training activities in alignment with the initiatives of the Ministry of AYUSH and CCRAS.

1. The Latent Tuberculosis (LTB) Elimination through Ayurvedic Interventions Campaign was initiated at the institute on 07.04.2025, and a public awareness lecture was delivered to OPD patients and their attendants.
2. A Common Yoga Protocol (CYP) session was conducted on 22.05.2025 to mark the countdown to the 11th International Day of Yoga 2025 with the theme “Yoga for One Earth, One Health.”
3. A cleanliness drive was organized on 26.05.2025 as part of the World Environment Day celebration campaign.
4. The Ayurveda Mobile Health Care Programme (AMHCP) was initiated at the institute on 28.05.2025.
5. The “SMART 4.0 Flyer,” an initiative of CCRAS for preventive care based on the theme of Ritu Shodhana, was launched during a one-day workshop under Yoga Samyog on 18.06.2025.
6. The institute organized the “Meri Maati Mera Desh” campaign from 16.08.2025 to 20.08.2025 under the Azadi Ka Amrit Mahotsav.
7. Ayurveda Expo – September 2025 was organized to promote awareness of Ayurvedic practices.
8. Observance of Hindi Pakhwada from 15.09.2025 to 30.09.2025.
9. Under Rashtriya Poshan Maah, the activity “Ek Ped Maa ke Naam” was organized and medicinal plant saplings were distributed to OPD patients on 03.10.2025.
10. The institute successfully completed its first KARMYOGI Batch Training Programme on 09.10.2025.

11. World Menopause Day 2025 was observed on 18.10.2025 with awareness sessions organized in the OPD.
12. Activities under “Ek Bharat Shreshtha Bharat” were organized on the occasion of Dhanwantari Jayanti on 18.10.2025.
13. The institute received the ATAB Accreditation Certificate from Rashtriya Ayurveda Vidyapeeth (RAV) for its Panchakarma Technician Course on 23.12.2025.
14. The CCRAS BEST Training Programme under the SMART 2.0 Collaborative Project on Osteopenia was organized on 18.02.2026.
15. A new ambulance sponsored under the CSR initiative of NBCFDC was flagged off on 19.02.2026.

## Section 4(I)(b)(i)

### Grievances Redressal Mechanism

There is a Public Grievances Committee to redress the grievances of the Public/Staff.

#### Committee for Public Grievances

SI No.	Name of the Officer/Official	Designation
1	Dr. H. Panigrahi	Institute In-Charge
2	Dr. Sakshi Sharma	Research Officer
3	Dr. Seema Jain	Research Officer
4	Dr. Babita Yadav	Research Officer
5	Sh. Mukesh Kumar	Assistant

#### Committee for Staff Grievance

SI No.	Name of the Officer/Official	Designation
	Dr. Sakshi Sharma	Research Officer
	Dr. Babita Yadav	Research Officer
	Dr. Kishor Patel	Research Officer
	Dr. Shaizi Layeeq	Research Officer
	Sh. Mukesh Kumar	Assistant

#### Postal address of the Institute:

**Central Ayurveda Research Institute**  
Punjabi Bagh (West), Road No.66,  
New Delhi - 110026  
Under Central Council for Research in Ayurvedic Sciences, Ministry of  
AYUSH, Govt. of India

#### Details of Central Public Information Officer (CPIO)

Dr Hemant Panigrahi,  
Institute In-Charge  
Central Ayurveda Research Institute  
Punjabi Bagh, New Delhi- 110026  
e-mail Id: drhemanta71@gmail.com  
Mobile No.: 9968074400

## Intra Mural Research Projects

### List of Intra Mural Research projects completed in 2025

SI. No.	Name of Project
1.	A Clinical Consensus study for developing the practice guidelines of <i>Marsa Nasya Karma</i> with a multi-center Feasibility study in Cervical Spondylosis
2.	Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community-based study
3.	Acceptability of the comprehensive Ayurveda-based health care approach in the community and effectiveness of individualized health care - Cluster randomized study
4.	A Comparison of the Effects of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure -A Randomized Controlled Trial
5.	Clinical assessment of the efficacy of ayurvedic management in PCOS - A randomized open-label control trial
6.	A Systematic survey of the Labeling Information of Ayurvedic Drugs included in NLEAM and marketed in India in compliance with Rule 161 of the D & C Act 1940 and Rule 1945.

### List of ongoing IMR projects during 2025-26

SI. No.	Name of Project
1.	Efficacy and Safety of AYUSH SR tablet in the Management of stress Among University students – A double-blind Randomized placebo-controlled study”
2.	Life profile project of Vd. H.M. Chandola
3.	1.“Documentation of ethno-dietary practices indigenous to India” 2.“Documentation of plants, metals, minerals and animal products and other materials used in various indigenous religious practices and rituals across India”
4.	Life profile project of Vd. Tarachand Sharma
5.	Life profile project of Vd. P.N.V. Kurup
6.	National Pharmacovigilance Programme of ASU & H drugs
8.	Efficacy and safety of Ayurveda interventions in the treatment of Vitiligo (Shwitra): A systematic review

9.	“Survey and Documentation on Netra Kriyakalpa practices among registered Ayurveda practitioners across India”
10.	A clinical consensus study for developing the practice guidelines and standardization of Tarpana & Putpaka with a feasibility study in Myopia
11.	To develop minimum standard requirements to practice Kriyakalpa in a Hospital/Clinical set-up
12.	Ayurveda Interventions for ‘Khalitya’ (Hair Fall): A Scoping Review
13.	To Evaluate the efficacy and safety of Administration of Shadbindu Taila Marsha Nasya and Chitraka Haritaki Avaleha in Subjects with Chronic Rhinosinusitis: A Randomized, Prospective, Open-label Controlled Parallel-Arm, Multi- center Study
14.	Effectiveness of <i>Drakshavaleha</i> in Improving the Symptoms of Functional Gastrointestinal Disorders – A Multi-Centre Study.
15.	Comparative Clinical Evaluation of <i>Bola Parpati</i> and <i>Haritaki Churna</i> versus Tranexamic acid in the Management of Bleeding Piles: A Randomised Controlled Clinical Trial

## Collaborative Research Projects

### List of Collaborative projects completed in 2025

Sl. No.	Name of Project
1.	Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial.
2.	A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)
3.	Tolerability, treatment adherence and safety of an Ayurvedic intervention - Dhatri Lauha in the management of Iron Deficiency Anemia: An open label single arm clinical study
4.	Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study”
5.	Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine (RML, Delhi)
6.	Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study

### **Ongoing collaborative projects in 2025-26**

<b>Sl. No.</b>	<b>Name of Project</b>
1.	Development of Standard Operative Procedures (SOPs) of Anjana Karma
2.	Efficacy of Ayurveda interventions (Pushkar Guggulu and Haritaki) as add-on to standard care in stable coronary artery disease: A double-blind randomized controlled study
3.	Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with Osteopenia- A prospective single-arm multicentric study.
4.	Entrepreneurship in Ayush Industry management and commercialization principles in Ayush product and services in collaboration with JNU, New Delhi
5.	Efficacy of Ayurveda intervention in the management of menorrhagia (Raktapradara)- A Randomized controlled trial
6.	Randomized controlled trial of “Anshumati Ksheer Paka” in hypertension-induced left ventricular hypertrophy
7.	An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabgarh district of Haryana- A Community Based Study

# **Ayurveda Mobile Health Care Program under Scheduled Caste sub Plan (SCSP)**

**Project 1:** Documentation of Ethno-dietary practices indigenous to India

**Project 2:** Documentation of plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across India

## **Aim:**

**Project 1:** To document the indigenous ethno-dietary practices in diverse geographical areas, different ethnic groups, and communities across India which will contribute to preservation and promotion of traditional dietary practices.

**Project 2:** To document the plants, metals, minerals, animal products and other materials used in indigenous religious practices and rituals in diverse geographical areas and communities across India which will contribute to preservation and promotion of religious practices and rituals.

## **Objectives:**

### **Project 1:**

- To systemically document the indigenous ethno-dietary practices in diverse geographical areas
- and communities across India.
- To critically analyse the variation in indigenous dietary practices based on state, zone, region,
- cultural/ethnic group and community.
- To assess the understanding and perception of the community about the relevance and health
- benefits of indigenous ethno-dietary practices
- To validate the documented data regarding indigenous ethno-dietary practices.

### **Project 2:**

- To systematically document plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across different regions, cultural groups, and communities of India.
- To critically analyse the variation in indigenous religious practices and rituals across different states, zones, regions, cultures, and communities within India.
- To assess the understanding and perception in the community about the relevance and health benefits of indigenous religious practices and rituals.
- To validate the documented data regarding indigenous religious practices and rituals.

Number of States/Union Territories to be covered	<b>4</b>
Names of States/Union Territories covered	<b>North Delhi – Delhi Mathura- Uttar Pradesh Kurukshetra- Haryana Haridwar- Uttarakhand</b>

Project Completed till Date:

	<b>IDIs</b>	<b>FGDs</b>	<b>TOTAL IDIs + FGDs</b>	<b>Uploaded</b>	<b>Incomplete</b>
<i>Ethno- Dietary</i>	<b>80</b>	<b>16</b>	<b>96</b>	<b>96</b>	<b>0</b>
<i>Religious Rituals</i>	<b>81</b>	<b>5</b>	<b>86</b>	<b>86</b>	<b>0</b>

**The rules, regulations, instructions, manuals and records, held by it or under its control or used by its employees for discharging its functions**

1. Manual of Office Procedure
2. Fundamental Rules and Supplementary Rules (FR&SR)
3. CCS (Classification, Control and Appeal) Rules 1965
4. CCS (Conduct) Rules 1964
5. General Financial Rules (GFR)
6. Delegation of Financial Power Rules
7. CCRAS (Pension) rules in line with CCS (Pension) Rules
8. Central Civil Services (Medical Attendance) Rules
9. Central Civil Services (Leave) Rules
10. Central Civil Services (Leave Travel Concession) Rules
11. Central Civil Services (Travelling Allowance) Rules

**List of Employees with Gross Monthly remuneration of CARI New  
Delhi**

Sl.No	Officers Name and Designation	Pay Level and Index	Gross Salary
	<b>Research Officers (Ay)</b>		
1	Dr. Hemanta Kumar Panigrahi	L-13,I-07	<b>334188</b>
2	Dr. Anu Bhatnagar	L-13,I-06	<b>336121</b>
3	Dr. Sakshi Sharma	L-13,I-02	<b>289829</b>
4	Dr. Seema Jain	L-13,I-02	<b>289829</b>
5	Dr. Babita Yadav	L-13,I-02	<b>289829</b>
6	Dr. Swati sharma	L-11,I-05	<b>178711</b>
7	Dr. Rajput shivshankar	L-11,I-05	<b>190087</b>
8	Dr. Shweta Mata	L-11,I-05	<b>178711</b>
9	Dr. Kishor Premaji Patel	L-11,I-05	<b>178711</b>
10	Dr. Athira S	L-11,I-05	<b>155851</b>
11	Dr. Shaizi Layeeq	L-11,I-05	<b>178711</b>
12	Dr. Saroj Devi	L-11,I-05	<b>178711</b>
13	Dr. Shweta Choudhary	L-11,I-05	<b>178711</b>
14	Dr. Neha Dubey	L-11,I-05	<b>178711</b>
15	Dr. Kuldeep	L-11,I-05	<b>178711</b>
16	Dr. Shrawan Kumar Sahu	L-11,I-05	<b>178711</b>
17	Dr. Rathees P	L-11,I-05	<b>178711</b>
18	Dr. Lalita Sharma	L-11,I-05	<b>178711</b>
19	Dr. Ashima Jain (Pathology)	L-10,I-06	<b>154116</b>
20	Dr. Renu Rani	L-10,I-06	<b>154116</b>
21	Dr. Meenakshi Suri (Pathology)	L-10,I-06	<b>154116</b>
22	Dr. Aishwarya K	L-10,I-04	<b>145991</b>
	<b>Assistant Matron</b>		
23	Ms Moutusi Biswas	L-10,I-16	<b>186938</b>
	<b>Assistant Research Officer-Clinical Psychology</b>		
24	Smt. Aastha Dawar	L-07,I-06	<b>108573</b>
25	Ms. Sonam Chandhok	L-07,I-06	<b>108573</b>
	<b>Assistant Research Officer-Physiotherapy</b>		
26	Dr.Disha Garg	L-07,I-06	<b>108573</b>
	<b>Sister In-Charge</b>		
27	Smt. Sima Hutait	L-08,I-09	<b>130490</b>
	<b>Staff Nurse</b>		
28	Smt Punitha S	L-07,I-14	<b>141018</b>
29	Smt. Shweta Choudhary	L-07,I-06	<b>114698</b>
30	Smt. Priya Chugh	L-07,I-06	<b>114698</b>
31	Smt. Aakansha Sharma	L-07,I-06	<b>114698</b>
32	Smt. Ekta	L-07,I-06	<b>114698</b>
33	Sh. Vijay Singh Rohlaniya	L-07,I-06	<b>114698</b>
34	Smt Preeti Devi	L-07,I-06	<b>114698</b>
35	Smt. Arannya Mukherjee	L-07,I-05	<b>111878</b>
36	Ms. Monu Sharma	L-07,I-04	<b>109058</b>

37	Sh. Munesh kumar Meena	L-07,I-04	<b>109058</b>
	<b>Assistant</b>		
38	Sh. Mukesh Kumar	L-06,I-11	<b>95176</b>
39	Sh. Rajnath Rawat	L-06,I-09	<b>90100</b>
	<b>Hindi Assistant</b>		
40	Smt. Sonali sharma	L-06,I-09	<b>90100</b>
	<b>Library and Information Assistant</b>		
41	Sh. Ashish Bajpai	L-06,I-06	<b>82956</b>
	<b>UDC</b>		
42	Sh. Himanshu	L-04,I-03	<b>57511</b>
	<b>LDC</b>		
43	Sh. Sonu	L-02,I-04	<b>45062</b>
	<b>Medical Laboratory Technologist</b>		
44	Sh. Abhishek Gautam	L-06,I-07	<b>90337</b>
45	Sh. Lakhmi chand yadav	L-06,I-04	<b>83569</b>
	<b>Lab Tech</b>		
46	Sh. Nempal Singh	L-05,I-13	<b>89021</b>
	<b>Pharmasist</b>		
47	Sh. Pramod Jha	L-08,I-17	<b>154633</b>
48	Sh. Navratan Singh Meena	L-07,I-11	<b>124365</b>
49	Sh. Bachcharaj kumhar	L-06,I-03	<b>81501</b>
50	Sh. Veerender Gupta	L-06,I-02	<b>79433</b>
51	Sh. Rakesh Redhu	L-05,I-02	<b>67401</b>
	<b>Lab Attendant</b>		
52	Sh. Surender Mohan Sihara	L-03,I-20	<b>82817</b>
53	Sh. Amit	L-02,I-10	<b>59693</b>
54	Sh. Bhupinder	L-02,I-04	<b>48054</b>
	<b>Dark Room Assistant</b>		
55	Smt. Sweta Bhardwaj	L-02,I-04	<b>48054</b>
	<b>Driver</b>		
56	Sh. Sunil Kumar	L-05,I-17	<b>98797</b>
	<b>Panchkarma Tech</b>		
57	Sh. Pradeep Mehta	L-04,I-03	<b>61761</b>
58	Sh. Vinod Kumar	L-04,I-03	<b>61761</b>
59	Ms. Karishma Kumari	L-04,I-02	<b>60257</b>
60	Sh. Hareesh	L-04,I-02	<b>60257</b>
61	Smt. Jyoti Rawat	L-04,I-02	<b>60257</b>
	<b>MTS</b>		
62	Sh. Anil Kumar	L-04,I-18	<b>90149</b>
63	Sh. Om Prakash	L-03,I-23	<b>89397</b>
64	Sh. Kirodh Kumar	L-03,I-20	<b>82817</b>
65	Sh. Bhim Sen	L-03,I-20	<b>82817</b>
66	Smt. Roopa	L-03,I-18	<b>78681</b>
67	Sh. Krishan Gopal	L-03,I-15	<b>72853</b>
68	Sh. Dharmveer Singh	L-02,I-10	<b>54568</b>
69	Sh. Rahul	L-02,I-09	<b>53064</b>
70	Sh. Nagendra Singh	L-01,I-10	<b>51438</b>
71	Sh. Ravinder	L-01,I-08	<b>48806</b>

72	Sh. Sunil Kumar	L-01,I-06	<b>46550</b>
73	Sh. Kumar Vivek	L-01,I-04	<b>44294</b>
74	Sh. Deepak Chauhan	L-01,I-04	<b>44294</b>
75	Sh. Shivraj Meena	L-01,I-04	<b>44294</b>
76	Sh. Manjeet	L-01,I-04	<b>44294</b>
77	Sh. Aman	L-01,I-04	<b>44294</b>
78	Sh. Sagar	L-01,I-04	<b>41302</b>