CERTIFICATE COURSE ON MARMA CHIKITSA (CCMC)

(1 month-Full time-Self Financed)

PROSPECTUS

AYURVEDA TRAINING ACCREDITATION BOARD

विद्या योगेन रक्ष्यते

केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद

Central Council for Research in Ayurvedic Sciences

आयुष Ayush

राष्ट्रीय आयुर्वेद पंचकर्म अनुसंधान संस्थान

केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद, आयुष मंत्रालय, भारत सरकार

चेरुतुरुत्ति, त्रिशूर, केरल - 679 531

NATIONAL AYURVEDA RESEARCH INSTITUTE FOR PANCHAKARMA

Central Council for Research in Ayurvedic Sciences,Ministry of AYUSH, Govt. of India

Cheruthuruthy, Thrissur, Kerala - 679 531

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INTRODUCTION:

Marmacikitsā is one among the various non-pharmacological therapies having an important place in Āyurveda. Marma, by definition, are the various seats or specific locations of Prāṇa (life force) in the body.

It is based on a deep understanding of the design and working of the human body which utilizes Marma points for preventive and therapeutic health benefits using the various manipulative techniques to complex procedures.

The Central Council for Research in Ayurvedic Sciences has taken initiatives wherein such knowledge, both theoretical and applied were documented from various experts of Marmacikitsā and compiled so as to preserve this knowledge for future generations and bring it to the mainstream of Āyurveda clinical practice. In order to mainstream this ancient science and impart proper training to Āyurveda doctors, proper training modules are planned.

Proper hands on training under supervision of field experts are required for proper execution of techniques/methods/procedures of Marmacikitsā. Also, there are numerous variations among the various traditions which needs to be addressed to avoid any confusion and potential harm. With these objectives, a training course of one-month duration for graduates of Āyurveda has been developed covering the theoretical and practical aspects of Marmacikitsā.

National Ayurveda Research Institute for Panchakarma was started on 21st June 1971 under CCRAS and has, over the years, grown tremendously in terms of infrastructural facilities and the numbers of patients being treated in both OPD and IPD. The institute is conducting a Certificate Course in Marma Chikitsa (CCMC) for one month twice a year (May and October).

Objectives: To mainstream Marmacikitsā and to impart proper training to Āyurveda doctors.

Basic Qualification: BAMS from any university

Age Limit: No age limit

Medium of Instruction: Hindi / English.

Academic Session: National Ayurveda Research Institute for Panchakarma is conducting a Certificate Course in Marma Chikitsa (CCMC) for one month (May and October) twice in a year. Each batch consists of 20 candidates of Āyurvedic graduates and is aimed to provide basic exposure to the theory and practical aspects of Marmacikitsā. This Course is accredited by the Ayurveda Training Accreditation Board (ATAB) of Rashtriya Ayurveda Vidyapeeth (RAV).

Admission procedure:
This CCMC course is open to the Medical Practitioners and service candidates of BAMS. Interested persons may download the application form from the council's website http://www.ccras.nic.in and apply with the copies of Medical Degree Certificate and Medical Registration Certificate. Service candidates should apply through proper channel and with permission of the competent authority.
All properly filled applications should be sent addressing the Director, NARIP, Cheruthuruthy to the mail address - ccmc.narip@gmail.com or nrip.cheruthuruthv@gmail.com. Admission is based on first come first serve basis. The decision of the Director/In-charge will be final for selection of candidates.

Course Fee and mode of payment:
The Course fee for Indian Nationals is Rs 15,000/- (as prescribed by Ministry of Ayush from time to time). Course fee may be paid as Demand Draft (DD) or may be remitted through Account Transferring (Account Number-10347493316). The DD may be drawn in favor of NARIP, Cheruthuruthy, Payable at SBI, SHORANUR (IFSC: SBIN0000760). Details of the fee remittance should be intimated via email (nrip.cheruthuruthy@gmail.com).

Course fee is non-refundable:
The decision of the Director/ In-charge will be the final in selection of candidates. If any student is found to be joining any similar or different full-time course elsewhere at the same time, his/her admission will be deemed cancelled.

Intake capacity: Number of Seats: 20 Seats per batch.

Design & Period of Course:
This is a full time, regular & non-residential course and the classes will be conducted in all working days from 9:30 AM to 1:00 PM and 2.00 PM to 4:00 PM. Accommodation facilities of a moderate standard will be provided to needy candidates on a payment basis, without boarding

Curriculum
The course will cover the following topics

1. Introduction to various aspects and schools relating to Marmacikitsā. Description of marma/varma points with locations, classification, signs of injury and methods of stimulation of marma/varma points.
2. Practical training in various marma techniques and stimulation of varma and nadi. Practical training in the management of various diseases including Musculo-skeletal diseases, diseases of Nervous system and other diseases through Marmacikitsā.
3. Advanced training in various aspects related to Marmacikitsā such as traumatology, orthopedics, sports medicine, radiology and marma pharmacology.

Faculty of the Course and Tour Programme:
Experts from different schools of Marmacikitsā viz Ayurveda marma, Kalarimarma and Varma shastra will be the visiting faculty for the course. Research officers of NARIP, who have undergone training in Marmacikitsā will also be the faculty for the course. There will be a kalari visit for the students during the course period.

Attendance:
75% of the attendance both in theory and practical is essential to allow the student for the examination.

Assessment and Examination:
On completion of one-month training programme, a theory exam (MCQ type) will be conducted for assessment. After that the candidates will be given one-month time to collect minimum of ten cases managed with Marmacikitsā by them. After one month, an online viva and assessment of the submitted cases will be conducted by an interview panel consisting of external and internal faculties.

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Award of Certificate:
The candidates who receive a minimum of 50 marks (theory and practical examination together) will be eligible for the course certificate.

Re-evaluation policy:
NARIP do not allow re-evaluation of content and re-totaling of both theory and practical examinations of CCMC course. If the candidate is having more than 75% attendance and fail to clear theory and practical examinations with minimum of 50 marks together, is allowed to appear for consecutive subsequent two examinations without attending further classes.

Outcome of Training:
The course is aimed to provide basic exposure to the theory and practical aspects of Marmacikitsā.

Contact details:
National Ayurveda Research Institute for Panchakarma (NARIP), Cheruthuruthy, Thrissur Dist.,
Via Shoranur, Kerala-679531, Ph. 04884-262543
E-mail: nrip.cheruthuruthy@gmail.com

राष्ट्रीय आयुर्वेद पंचकर्म अनुसंधान संस्थान

केंद्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद, आयुष मंत्रालय, भारत सरकार

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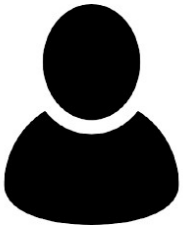
Cheruthuruthy, Thrissur, Kerala – 679 531

Phone Office : 04884 – 262543, Hospital : 04884 - 262544, 45

APPLICATION FORM

(For admission to Certificate Course on MarmaChikitsa)



1. Full Name

*HINDI :

*ENGLISH :

2. Sex :

3. Age&Date of Birth :

4. Permanent Address with PinCode :

5. Correspondence dress :

6. Contact Number :

7. Email ID :

8. Nationality & Religion :

9. Permanent Registration Number :

10. Sate of registration :

***(Full name in Hindi and English for Certificate purpose)**

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11. Details of the employer (If working):

12. Batch in which indent to join (Tick appropriately): MAY OCTOBER

13. Educational qualification:

Name of the Examination Passed	**BAMS**	**MD**
University/ Board		
Year of passing		
Percentage(%) of marks obtained		

DECLARATION

I hereby declared that all the statements made in the application are true and correct to the best of my knowledge and belief. If any information being found false or incorrect at any state my candidature shall be liable to be cancelled summarily without notice.

Place: Signature of the applicant

Date:

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