



केन्द्रीय आयुर्वेद गवेषणा प्रतिष्ठान, गुवाहाटी  
केन्द्रीय आयुर्वेद अनुसंधान संस्थान, गुवाहाटी  
(सी.सी.आर.ए.एस, आयुष मंत्रालय, भारत सरकार, नई दिल्ली)  
बरसजाई, बेलतला, गुवाहाटी-781028, जिला-कामरूप (म), असम  
CENTRAL AYURVEDA RESEARCH INSTITUTE, GUWAHATI  
(CCRAS, Ministry of Ayush, Govt. of India, New Delhi)  
Barsojai, Beltola, Guwahati-781028, Dist.-Kamrup(M), Assam



F. No. GUW-Tech/6/2026-TECH/ 924.

Dated: 08.07.2025

Walk-in-Interview  
Advertisement No. 04/2026

A walk - in- interview will be held at Central Ayurveda Research Institute, Guwahati to engage Yoga Therapist on contract basis for the IMR project "Feasibility of Integrating a Yoga Regimen into Ayurveda Treatment-as-Usual (TAU) for Selected Musculoskeletal Conditions: A Multicentric Health Systems Implementation study in CCRAS Institutes" as per the details given below.

| Sl. No | Name and No. of the post | Qualification/ Experience  | Remunerat ion (fixed) | Date, time and venue   |
|--------|--------------------------|--|-----------------------|--|
| 1.     | Yoga Therapist (1 post)  | <p><b>Essential:</b></p> <ol style="list-style-type: none"><li>Degree in Yoga or Yoga &amp; Naturopathy with minimum of 55 % marks from a recognized University and two years' experience in Yoga Therapy in a reputed Institute/Hospital</li></ol> <p>OR</p> <p>Any graduate from a recognized University established under UGC Act with Diploma in Yoga after Graduation of at least one year duration from a recognized University/Institute with 55 % marks and practical experience in Yoga in a reputed Yoga Institute/Hospital for a minimum period of five years</p> <ol style="list-style-type: none"><li>Level II (Therapy level) Certificate of YCB</li><li>Demonstration skills in Yogic practices, for which skill test will be conducted.</li></ol> <p><b>Desirable</b></p> <ol style="list-style-type: none"><li>Working experience in traditional Yoga Therapy from an Institute of national repute/Hospital</li><li>Knowledge of Computer Operator.</li><li>Working knowledge of Hindi, English and Sanskrit languages.</li><li>Working experience in research projects related to Yoga Therapy/case studies etc.</li><li>Fluency in English.</li></ol> | ₹38,000/- (per month) | 17.07.2026 at 9:30 AM<br>Venue: Conference Hall of the Institute |

Interested candidates fulfilling the essential qualifications and age limit may apply in the prescribed proforma along with self-attested copies of certificate in support of age and essential qualification, experience certificate and two passport size recent photographs. The candidates are required to appear for written test followed by interview at the Conference Hall of CARI, Guwahati as per scheduled date and time. The Candidates will be required to carry their original testimonials for verification. The interested candidates must reach the venue at 10.00 am on the stipulated date and beyond that, no candidate will be allowed for interview.

**General condition:**

1. The engagement will be purely on temporary basis and co-terminus with the project and no claim for regular/permanent appointment will be entertained.
2. The engagement will be initially for a period of six months, which may be extended up to the tenure of the project subject to satisfactory performance.
3. The eligibility of candidates in respect of age will be determined as on the date of interview & relaxation in age for SC/ST/OBC candidates will be applicable as per Govt. of India rules.
4. No TA/DA will be admissible for attending the interview.
5. The selection committee has the right to accept or reject the application of candidates.
6. The candidates are required to appear for written test followed by interview.
7. The candidates will be required to carry their original testimonials for verification along with self-attested photocopies of certificates and two passport size recent photographs.
8. Candidates already working should produce No Objection Certificate in case he/ she is employed elsewhere.
9. The application format may be downloaded from the Council's website [www.ccras.nic.in](http://www.ccras.nic.in)
10. Research Officer, In charge, CARI, Guwahati reserves the rights to postpone or cancel the advertisement or recruitment process for the above post without assigning any reason thereof.
11. The selected candidate will have to submit an undertaking along with the joining report at the time of joining.

Digitally signed by  
Prem Lal Bharati  
Date: 08-07-2026  
14:18:47

(Dr. Prem Lal Bharati)  
Research Officer, In charge