



Central Council for Research in Ayurvedic Sciences

NEWSLETTER

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Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, addressing the gathering on the eve of the 12th International Day of Yoga at the historic Lodhi Garden, New Delhi. Representing the Ministry of Ayush as the Nodal Officer, he led the mass yoga demonstration in the eminent presence of Chief Guest Dr. Raj Bhushan Choudhary, Hon'ble Minister of State, Ministry of Jal Shakti, Government of India, and Smt. Meenakshi Lekhi, Former Minister of State and Senior Leader, Bharatiya Janata Party.

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Programmes of Global National Importance

CCRAS HOLDS MEETING WITH UAE DELEGATION TO STRENGTHEN COOPERATION IN TRADITIONAL AND INTEGRATIVE MEDICINE

The Central Council for Research in Ayurvedic Sciences (CCRAS) organised a meeting with the UAE delegation from the Zayed Complex for Herbal and Integrative Medicine (ZHC) on 11 May 2026 at CCRAS Headquarters, New Delhi.



DG, CCRAS, felicitating the UAE delegation.



Session in progress.

The meeting focused on reviewing experiences, best practices, and institutional benchmarks in the field of Traditional, Complementary, and Integrative Medicine (TCIM). Discussions were held to facilitate the exchange of knowledge on governance models, clinical practices, research frameworks, and industry ecosystems, with the objective of strengthening international cooperation and fostering mutual learning in integrative healthcare.

The interaction provided a valuable platform for exploring collaborative opportunities and sharing expertise to advance evidence-based traditional medicine globally.

CCRAS-ICMR SHOWCASE EVIDENCE-BASED INTEGRATIVE HEALTHCARE AT ICMR ANNUAL CLINICAL TRIAL MEET 2026

The Central Council for Research in Ayurvedic Sciences (CCRAS) and the Indian Council of Medical Research (ICMR) highlighted their collaborative achievements in evidence-based integrative healthcare at the 1st ICMR Annual Clinical Trial Meet 2026, held on 20 May 2026 under the theme “*International Clinical Trials Day: Focus on Integrative Medicine Clinical Trials.*”

A major highlight of the programme was the presentation of findings from a multicentre Phase III randomized controlled trial involving nearly 4,000 women of reproductive age. Jointly conducted by

CCRAS and ICMR, the study demonstrated the therapeutic equivalence of the Ayurvedic formulations *Punarnavadi Mandura*, administered alone and in combination with *Drakshavaleha*, with standard Iron-Folic Acid therapy for the management of iron deficiency anaemia, providing robust evidence for integrative treatment approaches.



Session in progress.

The event was graced by Prof. V.K. Paul, former Member, NITI Aayog; Dr Rajiv Bahl, Director General, ICMR; Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush; and Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS. A panel discussion on “Policy Uptake of Integrative Research Evidence,” featuring Dr N. Srikanth, DDG, CCRAS, explored strategies for translating research findings into public health policy and clinical practice. The programme marked an important milestone in advancing the integration of scientifically validated traditional therapies into evidence-based healthcare delivery.

CCRAS LAUNCHES DOCUMENTATION OF KARNATAKA'S TRADITIONAL FOOD HERITAGE



A glimpse of the book release.

A first-of-its-kind publication, “Selected Traditional Food Recipes of Karnataka with Nutritional and Ayurvedic Insights,” along with its dedicated YouTube channel, was launched on 29 May 2026 at CCRAS–Central Ayurveda Research Institute (CARI), Bengaluru.

The publication was jointly released by Dr Sunil Panwar, Commissioner, Department of AYUSH, Government of Karnataka; Prof. (Vaidya) Rabinarayan Acharya, Director General, CCRAS; Dr Sridevi Annapurna Singh, Former Director; and Dr Ramaprasad, Senior Principal Scientist, CSIR-CFTRI.

Developed collaboratively by CCRAS–CARI Bengaluru and The University of Trans-Disciplinary Health Sciences and Technology (TDU), Bengaluru, the publication documents traditional recipes from Karnataka's diverse agroclimatic zones, integrating nutritional analysis with Ayurvedic dietary principles. The initiative aims to preserve traditional food knowledge and promote healthy dietary practices through scientific and Ayurvedic perspectives.

Link: <https://www.youtube.com/@KarnatakaFoods/videos>

CCRAS–CARI, BHUBANESWAR FLAGS OFF NEW AMBULANCE TO STRENGTHEN COMMUNITY-BASED AYURVEDIC SERVICES



A glimpse of the flag-off ceremony.

On June 6 2026, CCRAS – Central Ayurvedic Research Institute (CARI), Bhubaneswar, flagged off a new Ambulance at the institute to enhance accessible, patient-centric, and community-based Ayurvedic healthcare services. The ambulance has been sponsored under the Corporate Social Responsibility (CSR) initiative of the National Backward Classes Finance and Development Corporation (NBCFDC), New Delhi.

The ceremony was held in the gracious presence of Shri Ramesh Rao, CGM, NSFDC; Prof. M. M. Rao, Director, CARI; senior officials and staff of the institute, while Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, joined virtually.

The addition of this facility will strengthen CCRAS–CARI's capacity in patient transfer and referrals, emergency response, research-linked patient logistics, and outreach health camp support, thereby expanding the institute's operational reach and service delivery efficiency.

MoU/IPR/Accreditation

CCRAS–NIIMH HYDERABAD SIGNS MOU WITH KARNATAKA SAMSKRIT UNIVERSITY FOR PRESERVATION OF AYURVEDIC MANUSCRIPTS



A glimpse of the MoU exchange.

The CCRAS–National Institute of Indian Medical Heritage (NIIMH), Hyderabad, signed a Memorandum of Understanding (MoU) with Karnataka Samskrit University (KSU), Bengaluru, during the inaugural ceremony of the two-day workshop on “Ayurvedic Manuscript Transcription and Transliteration” on 29 May 2026.

The MoU was signed by Dr G.P. Prasad, AD In-Charge, NIIMH, and Prof. Girishchandra V., Registrar (Administration), KSU, in the presence of Dr Ahilya, Vice-Chancellor, KSU, and Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS. The collaboration aims to preserve, transliterate, translate, and digitally archive ancient Ayurvedic manuscripts, ensuring the conservation and wider accessibility of India's rich medical heritage.

CCRAS COLLABORATES WITH IITM TO STRENGTHEN CAPACITY BUILDING IN IT AND MANAGEMENT

Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, along with officials from CCRAS and IITM, during the MoU signing ceremony at IITM, New Delhi.

The Central Council for Research in Ayurvedic Sciences (CCRAS), New Delhi, signed a Memorandum of Understanding (MoU) with the Institute of Innovation in Technology and Management (IITM), Janakpuri, New Delhi, on 1 June 2026 to establish a framework for cooperation in training and capacity building in the fields of Information Technology and Management for a period of one year.

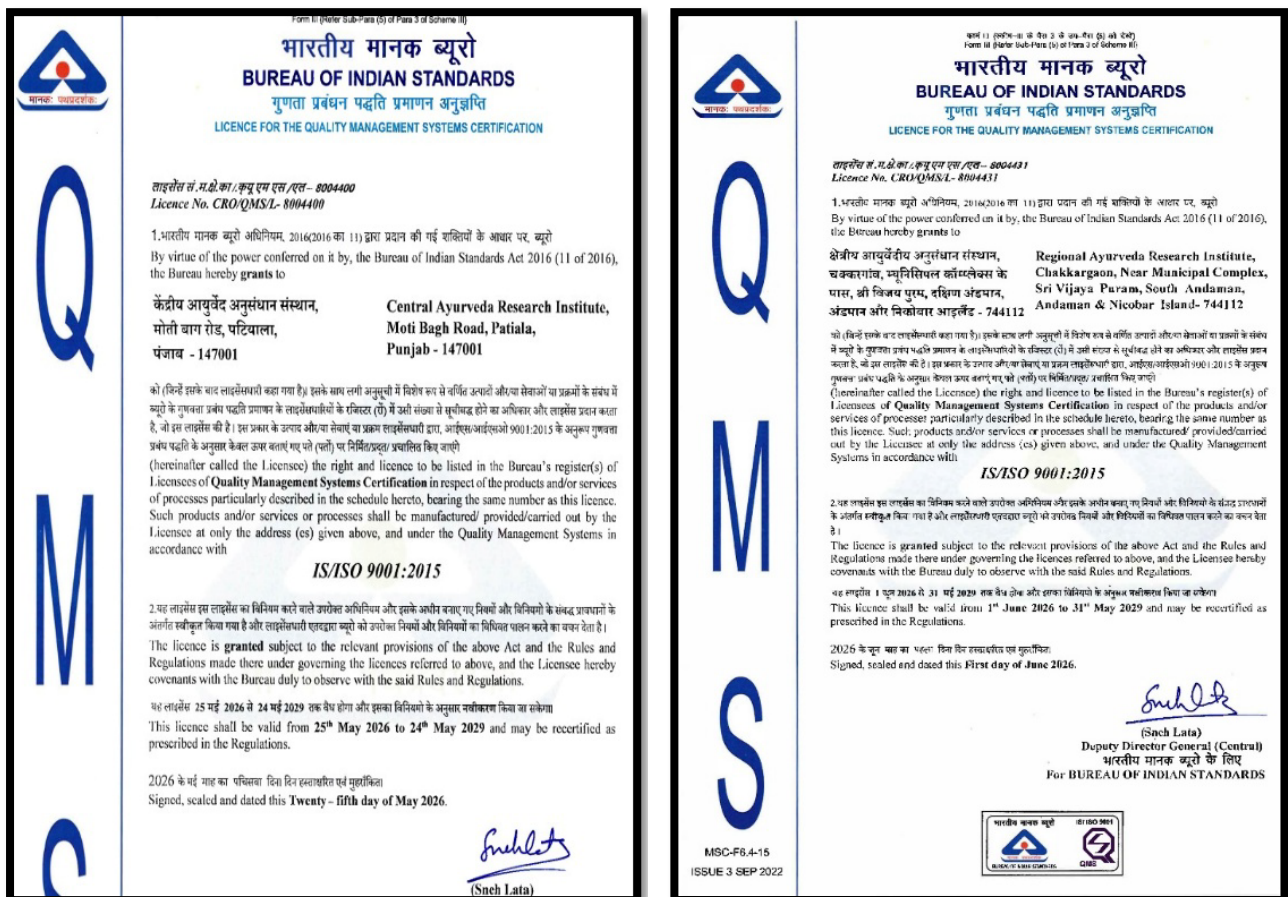


The MoU was formalised in the presence of Prof. (Vaidya) Rabinarayan Acharya, Director General, CCRAS; Dr N. Srikanth, Deputy Director General, CCRAS; Prof. (Dr.) Monika Kulshreshtha, Director, IITM, and other dignitaries. The collaboration is expected to enhance professional competencies, foster knowledge exchange, and strengthen institutional capabilities in information technology and management.

CCRAS ACHIEVES KEY MILESTONES IN QUALITY HEALTHCARE

During the reporting period, the CCRAS–Central Ayurveda Research Institute (CARI), Patiala, and the CCRAS–Regional Ayurveda Research Institute (RARI), Sri Vijaya Puram, were awarded the IS/ISO 9001:2015 Quality Management System (QMS) Certification by the Bureau of Indian Standards (BIS).

This achievement marks a significant milestone in strengthening quality assurance, enhancing institutional efficiency, and promoting standardized management practices across the institutes, reaffirming CCRAS's commitment to excellence in research, healthcare, and administrative governance.



A snapshot of the IS/ISO 9001:2015 Quality Management System (QMS) certificates awarded to CCRAS-CARI, Patiala, (LEFT) and CCRAS-RARI, Sri Vijaya Puram (RIGHT).

Human Resource Development (HRD) Activities

Training Programs/ Seminars/ Workshops/ Webinars/ Meetings organised

CCRAS CONDUCTS NATIONWIDE CAPACITY-BUILDING PROGRAMME FOR MULTICENTRIC PRAKRITI STUDY



A glimpse of the training programme organised at CCRAS-RARI Thiruvananthapuram.



A glimpse of the training programme organised at CCRAS-RARI, Nagpur.



A glimpse of the training programme organised at CCRAS-NARIP, Cheruthuruthy.



A glimpse of the training programme organised at CCRAS-RARI, Lucknow.

As part of the nationwide multicentric project, “A Cross-sectional Survey to Study the Distribution Pattern of Different Prakriti Types across India,” the Central Council for Research in Ayurvedic Sciences (CCRAS) conducted a series of training programmes through its 30 institutes for investigators from 138 NCISM-recognised Ayurveda colleges participating in the study.

The year-long project aims to generate a comprehensive baseline database of the distribution of Prakriti types across India by geographical region, climate, ethnicity, dietary practices, and lifestyle factors. To ensure uniform implementation across all participating centres, CCRAS institutes provided structured training on the study protocol, the CCRAS AYUSH Prakriti Portal, and the CCRAS Swasthya Assessment Portal. The sessions included hands-on training in participant registration, standardized assessment procedures, data entry, report generation, and quality assurance.

Additionally, CCRAS–Central Ayurveda Research Institute (CARI), Bengaluru, organised an online sensitization programme on 20 June 2026 for investigators involved in the *Association Study of Prakriti with Memory Status*, a sub-study of the multicentric project. The programme focused on the standardized administration, scoring, and interpretation of the PGI Memory Scale to ensure uniform assessment practices across participating centres.

These capacity-building initiatives have equipped investigators with the technical knowledge and practical skills required for the standardized implementation of the study and are expected to significantly strengthen evidence-based Ayurveda research through the generation of high-quality scientific data on Prakriti distribution in the Indian population.

CCRAS–NIIMH AND KARNATAKA SAMSKRIT UNIVERSITY ORGANISES WORKSHOP ON AYURVEDIC MANUSCRIPTS TRANSCRIPTION & TRANSLATION



A glimpse of the workshop.

The CCRAS–National Institute of Indian Medical Heritage (NIIMH), Hyderabad, in collaboration with Karnataka Samskrit University (KSU), Bengaluru, organised a two-day workshop on “Ayurvedic Manuscript Transcription and Transliteration” from 29–30 May 2026 at KSU, Bengaluru.

The inaugural session was graced by Prof. (Vaidya) Rabinarayan Acharya, Director General, CCRAS; Dr G.P. Prasad, Assistant Director (In-Charge), NIIMH; Dr S. Ahalya, Vice-Chancellor, KSU; and Prof. V. Girish Chandra, Registrar, KSU. The workshop aimed to promote the preservation, study, and dissemination of Ayurvedic manuscript heritage through systematic transcription and transliteration practices.

More than 50 participants, including senior faculty members, postgraduate scholars, and experts from various institutions, attended the programme. A Memorandum of Understanding (MoU) between CCRAS–NIIMH, Hyderabad, and Karnataka Samskrit University was also signed during the workshop to strengthen collaborative efforts in preserving and digitising ancient Ayurvedic knowledge.

CCRAS–RARI LUCKNOW ORGANISES SEMINAR ON YOGA FOR MENTAL HEALTH AND HEALTHY AGEING



A session in progress.

As part of the International Day of Yoga (IDY) 2026 celebrations, the CCRAS–Regional Ayurveda Research Institute (RARI), Lucknow, organised a one-day seminar on “Yoga for Mental Health and Healthy Ageing: A Holistic Perspective for Healthy Living” on 4 June 2026.

Dr Sanjay Kumar Singh, Assistant Director (In-charge), delivered the welcome address. The keynote address was delivered by Chief Guest Dr Amarjeet Yadav, Assistant Professor,

Department of Yoga, University of Lucknow, who highlighted the role of yoga in stress management, mental well-being, and healthy ageing.

Students from Goyal Ayurvedic College and Government Ayurvedic College, Lucknow, participated enthusiastically, along with the institute's officers and staff.

CCRAS–CARI JHANSI ORGANISES NATIONAL WORKSHOP ON STANDARDIZATION OF RASAUSHADHIES

CCRAS–Central Ayurveda Research Institute (CARI), Jhansi, organised a three-day National Workshop on “Standardization of Rasaushadhies: Ensuring Quality, Safety, and Efficacy” under its Centre of Excellence (CoE) for Rasaushadhi from 10 to 12 June 2026.

The inaugural session was graced by Dr Kousthubha Upadhyaya, Adviser, Ministry of Ayush; Dr N. Srikanth, Deputy Director General, CCRAS; Dr Ravindra Singh, Assistant Director (In-charge), CARI Jhansi; and Vaidya Anupam Shrivastava, Professor and Head, Department of Rasashastra, NIA Jaipur.

The workshop featured expert lectures and hands-on training by renowned faculty and CCRAS scientists on standard operating procedures for Rasaushadhi preparation, quality control, and safety and efficacy evaluation of herbo-mineral formulations.

The programme aimed to integrate traditional Ayurvedic knowledge with modern scientific research methodologies and provided practical training to 30 participants from across the country, contributing to capacity building and quality assurance in Ayurveda pharmaceuticals.



Glimpses from the workshop.

Odisha, on Karani/Devanagari manuscripts, and Guruvayur, Kerala, on Vattezhuthu/Malayalam manuscripts.

CCRAS–CARI NEW DELHI ORGANISES NATIONAL WEBINAR ON YOGA FOR HEALTHY AGEING



Session in progress.

As part of the celebrations of the 12th International Day of Yoga (IDY) 2026, themed “Yoga for Healthy Ageing,” the CCRAS–Central Ayurveda Research Institute (CARI), New Delhi, successfully organised a National Webinar on “Yoga Suitable for Geriatric Persons” on 19 June 2026.

The webinar commenced with an inaugural address by Dr V. Subhose, Director (Institute), who emphasized the importance of integrating yoga into daily life for healthy ageing and holistic wellness. An expert lecture was delivered by Dr S. Lakshmi Kandhan, Assistant Professor of Yoga Therapy at the Morarji Desai National Institute of Yoga (MDNIY), New Delhi, who highlighted the role of yoga in promoting physical, mental, and emotional well-being among older adults.

Around 50 participants actively engaged in the interactive session, making the programme a meaningful contribution to promoting healthy ageing through yoga.

CCRAS–CARI PATIALA ORGANISES WEBINAR ON PRINCIPLES OF YOGA THERAPY

Session in progress.

As part of the International Day of Yoga (IDY) 2026 celebrations, the CCRAS–Central Ayurveda Research Institute (CARI), Patiala, organised a webinar on 19 June 2026.

The session featured an expert lecture by Shri Parvinder Singh, Yoga Instructor, Punjabi University, Patiala, on the topic “Principles of Yoga Therapy: Foundations for Health and Well-Being.” The lecture highlighted the fundamental principles of yoga therapy and its role in promoting holistic health and wellness.

A total of 100 participants attended the webinar, reflecting enthusiastic participation in the International Day of Yoga 2026 activities.



CCRAS–RARI GWALIOR ORGANISES WEBINAR ON EMERGING TECHNOLOGIES IN PHARMACOGNOSY



Session in progress.



Gwalior, Madhya Pradesh, India

CCRAS–Regional Ayurveda Research Institute (RARI), Gwalior, organised a webinar on “*Emerging Technologies, Current Trends and Research Priority Setting in Pharmacognosy in the AYUSH Sector: Challenges and Suggestive Approaches*” on 19 June 2026. Dr B.S. Sisodia, Assistant Director (In-charge), welcomed the participants, while Dr G. Nartunai, Programme Officer (Pharmacognosy), MPR, CCRAS, introduced the webinar's theme and objectives.

Prof. (Vaidya) Rabinarayan Acharya, Director General, CCRAS, highlighted the importance of pharmacognostic studies in drug standardization, and Dr N. Srikanth, Deputy Director General, CCRAS, shared insights on forensic pharmacognosy. Technical sessions were conducted by Dr K.N. Sunil Kumar, Research Officer (Pharmacognosy), SCRI, CCRS, Chennai, and Dr Nitin Rai, Scientific Officer (Pharmacognosy), PCIM&H, Ghaziabad. Nearly 200 registered participants, including researchers, academicians, and officials from institutions across the country, attended the programme.

CCRAS–RARI JAIPUR HOLDS INSTITUTIONAL ETHICS COMMITTEE MEETING



Meeting in progress.

The Institutional Ethics Committee (IEC) meeting was successfully held on 16 May 2025 at the conference hall of CCRAS–Regional Ayurveda Research Institute (RARI), Jaipur. The meeting was chaired by Prof. Banwari Lal Gaur, Vice Chancellor, Dr Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur, and attended by all committee members and the Institute In-charge.

During the meeting, detailed deliberations were held on various research projects

under the WCH & THCRP programmes and the research synopsis of Ph.D. scholars. Ethical clearance and approvals were granted following comprehensive review and discussion.

CCRAS-CARI GUWAHATI HOLDS INSTITUTIONAL ANIMAL ETHICS COMMITTEE MEETING



Meeting in progress.



IAEC members visiting the Institute's Animal House Facility.

The Institutional Animal Ethics Committee (IAEC) of CCRAS–Central Ayurveda Research Institute (CARI), Guwahati, held its meeting on 12 June 2026 to review ongoing and proposed pharmacology research projects involving laboratory animals. The meeting was chaired by Dr Prem Lal Bharati, RO in charge, CARI, while Dr Manajit Bora, Veterinarian and Member Secretary, presented research protocols under two important CCRAS projects.

The meeting was attended by CCSEA-nominated members and other IAEC members, who also visited the institute's Animal House Facility. The members expressed satisfaction with the state-of-the-art infrastructure and confirmed its compliance with the guidelines prescribed by the Committee for the Control and Supervision of Experiments on Animals (CCSEA), Government of India. The meeting reaffirmed CARI Guwahati's commitment to ethical research and the highest standards of animal welfare.

Paper presentation in Training programs/Seminar & Conferences/Workshops/Webinar by scientists

Name of the Author(s)	Title of Paper presented	Name of the conference/seminar/webinar/workshop	Name of the Institute	Date of Participation
Dr. V. C. Deep, AD (Ay.)	Panchakarma Application with therapeutic speciality & recent updates	KARMASIDDHI 2026, Dept. of Panchakarma, Ashtangam Ayurveda Chikitsalayam & Vidyapeedham, Palakkad.	CCRAS-NARIP, Cheruthuruthy	25-30 May 2026

Dr Sudha Kumari K G, R.O (Ay.) and Dr Nandini Jadhav R.O (Ay.)	CCRAS AYUSH Prakriti Web Portal (prakriti.ayush.gov.in); Swasthya Assessment – Swasthya Assessment Portal (sas.ayush.gov.in)	Training of Prakriti and Swasthya assessment under the project entitled “A Cross-sectional Survey to study the distribution pattern of different prakriti types across India- A multi centric Study”	CCRAS-RARIM&M MR, Goa	5 June 2026
Dr. Shubhashree MN	“Sample Size Determination for Various Study Designs”	Chennai Liver Foundation in collaboration with ICMR- National Institute of Epidemiology	CCRAS-CARI, Bengaluru	25 June 2026
Dr. P. Srinivas, RO (Ay)	SAMYOGA project “Feasibility of Integrating a Yoga Regimen into Ayurveda Treatment-as-Usual (TAU) for Selected Musculoskeletal Conditions: A Multicentric Health Systems Implementation Study in CCRAS Institutes”	Institutional Ethics Committee meeting, ALRARI, Chennai	CCRAS-ALRARI, Chennai	17 June 2026

Projects at a Glance

Intra-Mural Clinical Research (IMR):

Throughout the period, significant strides were made in CCRAS's research initiatives. Under Intra Mural Research (IMR), four new Clinical Research projects, four new Medicinal Plant Research projects, two Literary Research projects, one Fundamental Research project and one Microbiology Research project were initiated.

Additionally, ongoing projects include 27 in Clinical Research, 19 in Drug Standardization, 43 in Medicinal Plant Research, 18 in Pharmacology Research, 15 in Literary Research, two in Fundamental Research, six in Pharmaceutical Research, and six in Microbiology Research projects.

Furthermore, the period witnessed the successful completion of one project in Literary Research and one project in Pharmaceutical Research. Also, one project in Clinical Research, one in Literary Research, and one in Pharmaceutical Research were successfully concluded, underscoring the Council's dedication to delivering impactful outcomes.

Collaborative Research:

In the realm of collaborative research, five new Clinical Research projects, two new Medicinal Plant Research projects, one new Pharmacology Research project, and one new Public Health Research project were initiated.

Additionally, ongoing projects include 21 in Clinical Research, three in Drug Standardization, three in Drug Standardization, 10 in Medicinal Plant Research, 33 in Pharmacology Research, four in Literary Research, seven in Fundamental Research, seven in Pharmaceutical Research and three in Public Health Research.

Furthermore, one Public Health Research project was successfully concluded, underscoring the council's dedication to delivering impactful outcomes.

Research Updates

Publications: During this period, the Central Council for Research in Ayurvedic Sciences (CCRAS) published a total of four notable publications, showcasing its commitment to advancing Ayurvedic knowledge and research. The publications are as follows:

- Journal of Drug Research in Ayurvedic Sciences (JDRAS), March-April 2026, Vol-11, Issue-2
- Journal of Research in Ayurvedic Sciences (JRAS), March-April 2026, Vol-10, Issue-2
- Journal of Drug Research in Ayurvedic Sciences (JDRAS), May-June 2026, Vol-11, Issue-3 (Online Issue)
- Journal of Research in Ayurvedic Sciences (JRAS), May-June 2026, Vol-10, Issue-3 (Online Issue)

Journal Articles: Throughout the period, 38 journal articles were published, showcasing ongoing research and scholarly contributions by CCRAS and its nationwide network of institutes. These articles encompass a broad range of topics, reflecting the diverse interests and expertise of our researchers.

Welfare of Special Target Groups

(Research-oriented public health care services)

The Council continues to prioritize and enhance healthcare services for marginalized communities through a range of impactful initiatives. With a focus on providing medical assistance and health check-up camps to underserved populations, including tribal communities, Scheduled Castes, women, and children, CCRAS is actively working to promote equitable access to healthcare across the nation.

Here's a glimpse of the initiatives undertaken:

Tribal Sub Plan

- **Tribal Health Care Research Programme under Tribal Sub Plan (TSP):** Implemented through 15 CCRAS institutes across 15 states, the THCRP addresses the healthcare needs of tribal populations. During the period, 180 tours were conducted, 153 awareness lectures were delivered, and incidental healthcare services were provided to 6,668 beneficiaries. These efforts aim to promote health, hygiene, and Ayurveda-based lifestyle practices among tribal communities.

Development Plan for Scheduled Castes

- **Ayurveda Mobile Health Care Programme (AMHCP) under the Schedule Caste Sub Plan (SCSP):** Implemented through 15 CCRAS institutes across 14 states, the AMHCP aims to serve Scheduled Caste communities. During the period, 210 tours were conducted, 175 awareness lectures were delivered, benefiting 452 beneficiaries, and incidental healthcare services were provided to 7,222 beneficiaries. These efforts aim to promote health, hygiene, and Ayurveda-based lifestyle practices among marginalized communities.
- **Women and Child Health Care (WCH) Programme under SCSP:** Executed through 10 CCRAS institutes in 10 states, the WCH Programme targets the healthcare needs of women and children from scheduled caste communities. During the period, 158 tours were conducted, 118 awareness lectures were delivered, and incidental healthcare services were provided to 5,159 beneficiaries. The initiative also promotes awareness of health, hygiene, and Ayurveda-based lifestyle practices.

Development of North East Regions

Ayurvedic Health Centres under North East Plan: Established under the North East Plan, these Ayurvedic Health centres, operated by four CCRAS institutes across 19 centres in 4 states, provide traditional Ayurvedic treatments through Outpatient Departments (OPDs) and promote health awareness by distributing IEC materials to the public, focusing on health and hygiene education. During the period, over 14,358 patients benefited from these healthcare services, underscoring the importance of such initiatives in addressing community health needs and promoting proactive well-being in the region.

Here are glimpses of some of the activities.



A THCRP-TSP survey team from CCRAS-RARI, Gwalior, conducted a free medical camp at Village Taamia, District Chhindwara, Gwalior.



An AMHCP-SCSP survey team from CCRAS-NARIP, Cheruthuruthy, conducted a free medical camp at Grampanchayats Pazhayannur and Ongallur in Kerala.



An AMHCP-SCSP survey team from CCRAS-RARI, Vijayawada, conducted a free medical camp in Vijayawada.

Health Outreach Activities

Throughout the period, the Central Council for Research in Ayurvedic Sciences (CCRAS) actively engaged in various events nationwide, including Health Camps, Exhibitions, Health Awareness Camps, and Survey studies. These occasions served as platforms to showcase the Council's publications and activities through display stalls while distributing brochures and other Information, Education, and Communication (IEC) materials to visitors for broader dissemination. Moreover, medical check-up camps were organized to provide free consultations and dispense medicines, underscoring CCRAS's ongoing dedication to promoting Ayurveda and ensuring its accessibility to all.

Here are glimpses of some of the activities.



CCRAS-RARC, Dimapur, conducted free medical camps at Living Life and Healing Centre, Padumpukhri, and Medical Colony, in Dimapur under its Health Outreach Activities.



CCRAS-RARI, Agartala, organized a free health camp at Ablamban Old Age Home, Agartala. The camp offered free haemoglobin and blood sugar screening, health awareness lectures, and distribution of IEC materials. A total of 52 elderly beneficiaries availed the healthcare services during the camp.



A medical team from CCRAS-CARI, New Delhi, conducted a general health check-up camp at Sultanpuri, New Delhi.



CCRAS-RARI, Gangtok, organised a Medical cum camp at Sashastra Seema Bal (SSB), Ranipool, Sikkim.



A medical team from CCRAS-CARI, Bengaluru, conducted a general health check-up camp at Subramanyapura, Cluster 2 and Kudlu, Cluster 1 in Bengaluru.

Staff News

Retirements/Farewell



Officers and staff of CCRAS-CARI, Bengaluru, extended a heartfelt farewell to Dr Sulochana Bhat, AD in charge, on her superannuation on 31 May 2026.



Dr Kusuma G, Research Officer (Ayurveda), voluntarily retired from CCRAS-CSMCARI, Chennai, on 30 May 2026, after completing 16 years of service to the institute.



Dr Shashi Kant Vedi, R.O. (Ay.), at CCRAS-MSRARI, Jaipur, bid farewell to his esteemed service upon his retirement on 31 May 2026, marking the end of a dedicated career.



Officers and staff of CCRAS-CARI, New Delhi, extended a heartfelt farewell to Dr V. Subhose, Director (Institute), on his superannuation on 30 June 2026.



Officers and staff of CCRAS-RARI, Patn, extended a heartfelt farewell to Dr Rohit Kumar Ravte, RO in charge (Institute), on his superannuation on 30 June 2026.



CCRAS-RARI, Nagpur, bid a warm farewell to Sh. Narendra Kumar Srivastav, Driver, upon his retirement on 30 June 2026



*Dr Lijima C., R.O. (Ay.), CCRAS-RARI, Gangtok –
resigned on 18 June 2026.*



*Smt. C.B. Murmu, MTS (Ward Aya), CCRAS-CARI, Bhubaneswar,
retired on 30 June 2026.*

RTI/Public Grievances

During the reporting period, the Central Council for Research in Ayurvedic Sciences (CCRAS) received a total of 58 RTI applications, including 29 forwarded by the Ministry of Ayush and other sources, and 6 First & Second appeals.

In accordance with Section 6(3) of the RTI Act, 2005, a total of 11 applications were duly transferred to the concerned Public Authorities for appropriate action. The CCRAS team ensured timely and efficient handling of all requests, successfully processing and disposing of all 58 RTI applications and appeals within the stipulated timeframes.

CCRAS in Media

During this period, the Central Council for Research in Ayurvedic Sciences (CCRAS) has been prominently featured across various media platforms, including newspapers, television, radio, and popular social media. These channels have served as effective avenues for showcasing CCRAS's impactful initiatives and ground-breaking research, reaching diverse audiences and raising awareness about the importance of Ayurveda in modern healthcare.

Here are glimpses of some of the activities.



Prof. (Dr.) M. M. Rao, Director, CCRAS-CARI, Bhubaneswar, shares insights on the 'The Role of Yoga and Ayurveda in Healthcare' broadcast on Sitaram TV Odia Channel.



Dr. S. N. Murthy, Director, CCRAS-NARIP, Cheruthuruthy, awarded the winners of various competitions conducted in connection with IDY 2026 broadcast on CCV News Channel.



CCRAS-RARI, Thiruvananthapuram, organised a press meet to outline various activities being conducted in connection with IDY 2026.



Dr. Tushar Kanti Mandal, AD (Ay.), CCRAS-CARI, Kolkata, highlighted the benefits of yoga and encouraged public participation in IDY 2026 celebrations across West Bengal during a special programme on Akashvani Kolkata.

Healthcare Beneficiary/Patient Care

The Central Council for Research in Ayurvedic Sciences (CCRAS) continues to provide research-oriented healthcare services through Out-Patient Departments (OPDs) across 26 peripheral institutes and co-located units. Among these, 14 major institutes offer In-Patient Departments (IPDs) facilities, ensuring comprehensive healthcare services. Additionally, specialized clinics for Geriatric healthcare are available at all 26 peripheral institutes and centres.

During the period, a significant number of patients, totalling 1,24,677, benefited from the services provided by various OPDs, including General OPDs, Geriatric OPDs, and special clinics. Notably, in the In-Patient Departments, 1,238 patients were admitted, and 1,026 patients were discharged after receiving treatment. These figures underscore CCRAS's ongoing efforts to integrate Ayurvedic research with public healthcare delivery, ensuring accessible and holistic services for all age groups.

Other Activities



Dr VC Deep AD (Ay.) and Dr K.M. Pratap Shankar, RO (Ay.), CCRAS-NARIP, Cheruthuruthy, participated in the conference on "Epidemiology and Spectrum of Arthritis in India and Allied Subjects" on 8 May 2026 at Hotel Gokulam Grand, Kozhikode.



On 24 May 2026, Prof. Rabinarayan Acharya, DG, CCRAS, visited CCRAS-CARI, Bhubaneswar, to review the construction and development of the 'Ayush Diksha' Centre. During the visit, he assessed project progress, interacted with CPWD officials, and chaired a review meeting to ensure the facility's timely completion.



Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, graced the Foundation Day celebration of the All India Ayurvedic Congress (AIAC), Odisha Branch, as Chief Guest in Bhubaneswar on 24 May 2026. The event highlighted the rich legacy and continued contribution of AIAC in the protection, propagation, and promotion of Ayurveda across the country since its inception.



Officials of CARI, Bhubaneswar, led by Prof. M. M. Rao, Director, CARI, visited Centurion University, Bhubaneswar, on 29 May 2026 to discuss future collaborations in various disciplines, including basic and allied sciences. The meeting saw fruitful discussions on potential areas of cooperation in research, academia, innovation, and interdisciplinary activities to strengthen scientific collaboration and knowledge exchange.



Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, visited CCRAS-Raja Ramdeo Anandilal Podar Central Ayurveda Research Institute (RRAPCARI), Mumbai, on 30 May 2026. During the visit, he reviewed key institutional activities, interacted with officers & staff, and toured various facilities to assess ongoing research, healthcare services, & clinical practices.



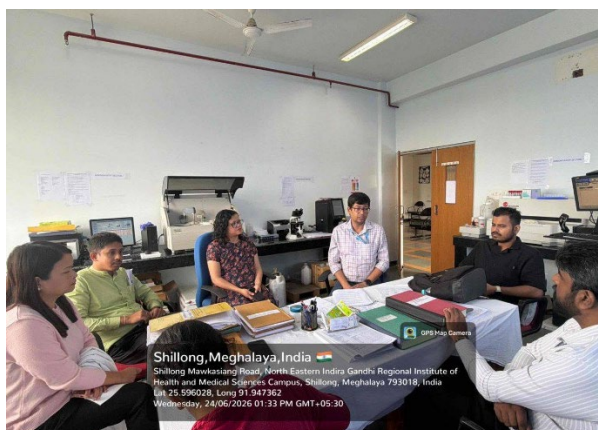
Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, and Dr Pratap Makhija, AD (Ay.), visited CCRAS-Regional Ayurveda Research Institute (RARI), Mandi, on 09 June 2026. During the visit, they reviewed key institutional activities, interacted with officers & staff, and toured various facilities to assess ongoing research, healthcare services, & clinical practices.



On 11 June 2026, Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, and Dr Pratap Makhija, AD (Ay.), visited CCRAS-CARI, Patiala. They toured the various facilities and interacted with Officers and staff. They also discussed the institute's achievements, challenges, and provided valuable suggestions for future improvements.



Dr N. Srikant, DDG, CCRAS, visited CCRAS-RARI, Vijayawada, on 19 June 2026 to review the implementation and progress of the ongoing research projects and to verify the activities being carried out under various projects at the Institute.



Dr Girindra Kr. Bora, RO (Bio Chem.), CCRAS-CARI, Guwahati, visited the NEIAH, SHILLONG, to conduct a sensitisation programme on NABL Accreditation, on 24 June 2026.



Dr N. Srikanth, DDG, CCRAS, visited CCRAS-CARI, Bengaluru, on 25 June 2026. During the visit, he reviewed the institute's research, clinical services, and key activities, interacted with officers and staff, assessed ongoing initiatives, and provided valuable guidance to strengthen research, healthcare delivery, and future institutional development.



Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, visited the CCRAS-RARI, Patna, on 27 June 2026. During the visit, he reviewed the institute's key activities, interacted with officers and staff, and toured various facilities to assess ongoing research, patient care, and clinical services. He also reviewed the institute's achievements, discussed challenges and future action plans, and provided valuable guidance to further strengthen its research, healthcare delivery, and institutional functioning.



Prof. Rabinarayan Acharya, Director General, CCRAS, along with Dr Rohit Kumar Ravte, RO In-charge, CCRAS-CARI Patna, and other officers, visited the library of the Government Ayurvedic



Prof. Rabinarayan Acharya, DG, CCRAS, along with Dr Rohit Kumar Ravte, RO In-charge, CCRAS-CARI Patna, and other officers, visited the Khuda Bakhsh Oriental Public Library,

College & Hospital, Patna, on 27 June 2026. The visit explored collaborative research opportunities to digitise the library's rare books, helping preserve and promote India's rich Ayurvedic knowledge for future generations.

Ministry of Culture, Patna, on 27 June 2026. The visit focused on exploring collaborative research opportunities on the rich collection of Ayurveda and Unani manuscripts, strengthening efforts to preserve and scientifically validate India's traditional knowledge heritage.

Visitorial



Dr Asha Hosur, Lead Assessor, and Dr Jaysheela Goni, Assessor, from the NABH team visited CCRAS-RARI, Nagpur and conducted a comprehensive assessment of various departments, clinical services, patient care processes, documentation systems, hospital safety measures, and quality management protocols, on 6–7 May 2026, in accordance with NABH standards.



On 12 May 2026, Sh. A. Chandrasekhar, CEO, and Sh. Pradeep Kumar, Deputy CEO of the Andhra Pradesh Medicinal and Aromatic Plants Board, visited #CCRAS–RARI in Vijayawada. Discussions focused on Ayurvedic medicinal plant projects, collaborative initiatives, the sustainable utilisation of medicinal plant resources, and the strengthening of research and development activities in the state.



Dr A. J. V. Sai Prasad, AD In-Charge, and Dr Lijima C, RO (Ay.), from CCRAS-RARI, Gangtok, met Mrs Suchitra Rasaily, SCS, Secretary, Dept. of Ayush, Govt. of Sikkim, on 15 May 2026 to seek permission for conducting public health research activities and healthcare services across all districts of Sikkim. The meeting also explored avenues for future collaboration between RARI, Gangtok, and the State Ayush Department to strengthen and promote Ayurveda in the state.



The esteemed members of Belaku, led by its President and Principal Commissioner of Income Tax, Ms. Vandana Ramachandran, visited CCRAS-CARI, Bengaluru, on 23 May 2026. Detailed discussions were held to explore future collaborations and associations between Belaku and the institute.



Mr Asim Kumar Bera, Senior BIS Auditor, visited CCRAS-RARI, Sri Vijaya Puram, on 23 May 2026 to conduct the Stage-II audit for the institute's BIS ISO 9001:2015 Quality Management System (QMS).



Smt. Lalthan Pari, Scientist E & Director, Management System Certification (MCS), BIS, New Delhi, visited CCRAS-CARI, Bengaluru, for the institute's first Surveillance Audit of the ISO 9001:2015 QMS on 1-2 June 2026. Dr T. Maheshwar, Assistant Director In-Charge, along with officers and concerned staff members, was present during the audit.



Shri Anoop Khinchi, IAS, Commissioner & Secretary, Health & Family Welfare Department, Government of Nagaland, along with Dr Bendangtula Jamir, Deputy Director, AYUSH Nagaland, visited CCRAS-RARC, Dimapur, on 5 June 2026. During the visit, they reviewed the centre's ongoing research activities, achievements, publications, and patient care facilities, and interacted with the institute team.



Students from Sri Kalabyraveshwara Swamy Ayurvedic Medical College and Research Centre (SKAMC), Bengaluru, visited CCRAS-CARI Bengaluru on 16 June 2026 as part of their induction programme. The visit provided an opportunity to familiarise students with ongoing research activities, clinical services, and institutional facilities.

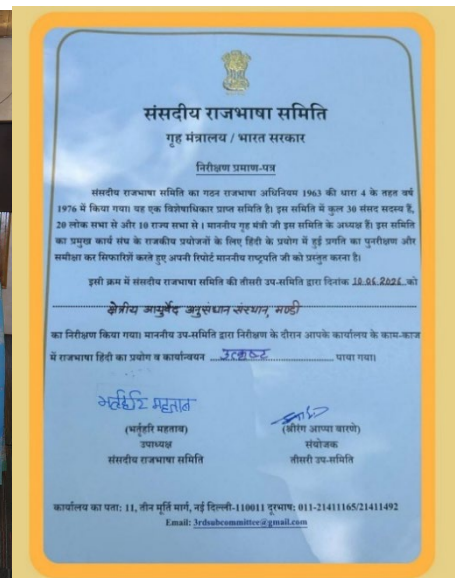


On 23 June 2026, the CCRAS-NIIMH, Hyderabad CDCAMR team, headed by Dr G.P. Prasad, A.D. In-charge, visited the Government Ayurveda College, Raipur, Chhattisgarh, to digitise rare books and periodicals as part of collaborative MoU.

Honors/Awards Received



CCRAS-NARIP, Cheruthuruthy, was awarded the "Utkrushta" category for the effective implementation and promotion of Rajbhasha Hindi by the Third Sub-Committee of the Parliamentary Official Language Committee on 11 May 2026 at Kochi, Kerala. On this occasion, Dr Kousthubha Upadhyaya, Advisor Ayurveda, and Ms Purnima Bose, Deputy Director (Rajbhasha), from the Ministry of Ayush; Shri Deepak Kochhar, DDA, and Dr Pratap Makhija, AD (Ay.) & In-charge Hindi Officer, from the CCRAS Headquarters, along with Dr S. N. Murthy, Director, and other officers from the Cheruthuruthy Institute, were present.



CCRAS-RARI, Mandi, was awarded the "Utkrushta" category for the effective implementation and promotion of Rajbhasha Hindi by the Third Sub-Committee of the Parliamentary Official Language Committee on 10 June 2026. On this occasion, Dr M. A. Qasmi, Adviser (Unani), and Ms. Purnima Bose, Deputy Director (Rajbhasha), from the Ministry of Ayush; Prof. (Vaidya) Rabinarayan Acharya, DG, and Dr Pratap Makhija, AD (Ay.) & In-charge Hindi Officer, from the CCRAS Headquarters along with Dr Vineeta Negi, RO In-charge, and other officers from the Mandi institute, were present.



CCRAS-RARI, Jammu, was honoured by the Nagar Rajbhasha Karyanvayan Samiti, Jammu, on 16 June 2026 for the outstanding implementation of the Official Language Policy. The institute received this recognition for its exemplary work in Hindi, effective documentation practices, and significant contributions towards the promotion and propagation of the Official Language.

Rajbhasha Activities

The Council initiated various efforts to enforce the official language policy set forth by the official language department of the Ministry of Home and External Affairs and the government of India. As part of this endeavour, a one-day Hindi Karyashala was organised at the CCRAS Headquarters office and at all the peripheral Institutes of the Council across the country with the active participation of all officers and staff.

Here are glimpses of some of the activities.



Chief Guest Smt. Srividya M., Assistant Director (Official Language), Rubber Board, Kottayam, delivering a lecture on 'सरल व्याकरण के माध्यम से हिंदी में प्रभावी टिप्पणी लेखन' during the one-day Hindi Karyashala organized at CCRAS-NARIP, Cheruthuruthy.



Chief Guest Shri Munindra Mishra, Deputy Registrar, Tripura University, delivering a lecture on 'वाक्य निर्माण एवं वाक्यगत अशुद्धियां' during the one-day Hindi Karyashala organized at CCRAS-RARI, Agartala.



Chief Guest Dr Santosh Kumar Mishra, former Rajbhasha Officer, BHEL Jhansi, delivering a lecture on 'हिन्दी व्याकरण एवं पत्र लेखन' during the one-day Hindi Karyashala organised at CCRAS-CARI, Jhansi.



A glimpse of the Hindi workshop organised at CCRAS- CARI, Bengaluru.



A glimpse of the Hindi workshop organised at CCRAS- RARI, Ahmedabad.



Guest speaker Shri Chirag Raja (Rajbhasha Officer, Bank of India), delivering a lecture on Rajbhasha rules and the Standardization and Administrative Use of Hindi as the Official Language' during the one-day Hindi Karyashala organized at CCRAS-RARI, Vijayawada.



Chief Guest Shri A. R. Nirmal, former Hindi Officer, IIPS, Mumbai, delivering a lecture on 'राजभाषा नीति एवं कार्यालयीन कार्यों में हिंदी के प्रभावी प्रयोग' during the one-day Hindi Karyashala organized at CCRAS-RRAPCARI, Mumbai.

CCRAS Drives Nationwide Public Awareness for a Drug-Free India

The Central Council for Research in Ayurvedic Sciences (CCRAS) mobilized its network of 30 peripheral institutes to participate in the nationwide "Nasha Mukta Bharat Abhiyaan" campaign from June 17 to June 26, 2026. Aligned with the national theme, "Nasha Mukta Bharat Abhiyan – Viksit Bharat Ki Pehchaan," this week-long drive focused on building a healthier, drug-free India by raising awareness about the severe impacts of substance abuse.

Led by the Ministry of Social Justice and Empowerment, Government of India, the movement specifically targets youth, women, and diverse communities to foster an empowered nation. Supporting this mandate, CCRAS institutes took direct action through grassroots activities, including mass pledges, educational lectures for patients and visitors in Outpatient Departments (OPDs), and widespread community outreach camps.

Here are glimpses of some of the activities.



The 'Nasha Mukht Bharat' Pledge was administered at CCRAS-CARI, New Delhi. Participants reaffirmed their commitment to a drug-free life, pledged to raise awareness of the harmful effects of substance abuse, and contributed to the vision of the Nasha Mukht Bharat Abhiyaan.



Under the Nasha Mukht Bharat Abhiyan (NMBA), CCRAS-CARI, Patiala, delivered various awareness lectures for OPD patients on the "Harmful Effects of Addiction and the Need for a Drug-Free Society."



CCRAS-RARI, Nagpur, delivered an awareness lecture for OPD patients on the "Harmful Effects of Addiction and the Need for a Drug-Free Society."



Dr Sreedeepti G N, RO in charge, CCRAS-RARI, Thiruvananthapuram, administered the 'Nasha Mukht Bharat' pledge to the OPD patients & visitors.



In line with the Ministry of Social Justice and Empowerment's nationwide mandate, CCRAS-CARI, Guwahati, conducted a mass pledge-taking ceremony at its OPD premises.



The officials and staff members of the CCRAS-RARI, Gangtok, took the Nasha Mukht Bharat Abhiyan Pledge and reaffirmed their commitment towards promoting a drug-free society.



CCRAS-RARI, Mandi, delivered an awareness lecture on the harmful effects of substance abuse and the importance of leading a healthy, drug-free life to the students of Himalayan Public Sr. Sec. School, Mandi.

As part of 'Nasha Mukh Bharat Abhiyaan', CCRAS-RARI, Ahmedabad, organised sensitisation lectures for students at various schools in the city.

CCRAS Joins Nationwide TB Mukh Bharat Campaign with Extensive Outreach Activities

CCRAS, through its 30 peripheral institutes across the country, participated in a nationwide "TB Mukh Bharat Abhiyaan – 100 Days Campaign" that aims to accelerate India's progress toward eliminating tuberculosis. The campaign was launched on March 24th, 2026, on World TB Day, and continued to June 29th, 2026. During the period, a range of activities, including training programs and public awareness initiatives, were conducted to educate both healthcare professionals and the general public about TB, its diagnosis, and its management. The campaign witnessed enthusiastic participation across institutes, reflecting CCRAS's commitment to promoting preventive healthcare and strengthening community awareness through Ayurveda.

Here are glimpses of some of the activities.



As part of the 100 Day TB Mukh Bharat Campaign, a public awareness lecture on "Early Identification of Symptoms of Tuberculosis (TB)" was delivered to OPD patients & visitors at CCRAS-CARI, New Delhi.



Officers from CCRAS-CARI, Mumbai, delivering a sensitisation lecture on the prevention, diagnosis, and management of TB to OPD patients and visitors.



Officers from CCRAS-CARI, Patiala, delivering a sensitisation lecture on tuberculosis and its prevention to OPD patients and visitors.



Officers from CCRAS-RARI, Patna, are delivering a sensitisation lecture on tuberculosis and its prevention to the general public during the outreach camp.



Officers from CCRAS-RARI, Jammu, are delivering a sensitisation lecture focusing on tuberculosis, its prevention, early detection, and effective management to promote better community health awareness at the Anganwadi Centre, Chinore, Jammu.



An officer at CCRAS-RARI, Itanagar, is delivering an awareness session to OPD patients and visitors, highlighting the importance of early diagnosis of Tuberculosis (TB) and timely treatment for better health outcomes.



An officer at CCRAS-RARI, Nagpur, is delivering an awareness session on the prevention, diagnosis, and management of TB to OPD patients and visitors.



An officer at CCRAS-RARI, Gwalior, is delivering an awareness session on the prevention, diagnosis, and management of TB to OPD patients and visitors.

CCRAS Celebrates World Environment Day 2026 with Nationwide Green Initiatives

The Central Council for Research in Ayurvedic Sciences (CCRAS), through its network of institutes across the country, observed World Environment Day 2026 with a series of impactful activities promoting environmental sustainability and public awareness.

Aligned with the theme *"Inspired by Nature. For Climate. For Our Future."*, CCRAS and its 30 peripheral institutes organised mass plantation drives, awareness lectures, distribution of medicinal plant saplings among OPD patients and the general public, rallies, walkathons, and other outreach programmes. These initiatives highlighted the close relationship between Ayurveda and environmental conservation while encouraging sustainable practices for a healthier future.

Here's a snapshot of some of the key activities conducted:



Marking World Environment Day 2026, CCRAS-NIIMH, Hyderabad, organized a grand awareness walkathon to promote environmental conservation and encourage eco-friendly lifestyles among the public.



Dr T. Maheswar, AD, In-charge, CCRAS-CARI, Bengaluru, is distributing medicinal plant saplings to the OPD patients & visitors.



Officials & Staff at CCRAS-RARI, Sri Vijaya Puram, planting medicinal plant saplings to commemorate World Environment Day 2026.



Officials at CCRAS-RARI, Nagpur, are planting medicinal plant saplings.



Officials at CCRAS-CARI in Bhubaneswar are planting medicinal saplings.



Dr Dipsundar Sahu, RO In-Charge, RARC, Dimapur, along with the centre staff, is planting medicinal plant saplings as part of World Environment Day 2026 activities.



Dr M. N. Suryawanshi, Director, CCRAS-CARI, Kolkata, is distributing medicinal plant saplings to the OPD patients & visitors.



As part of the Environment Day celebration, a plantation drive was organised at CCRAS-RARI, Thiruvananthapuram.

CCRAS Leads Nationwide Celebrations of the 12th International Day of Yoga 2026

The Central Council for Research in Ayurvedic Sciences (CCRAS), with its extensive nationwide network of research institutions, proudly celebrated the 12th International Day of Yoga (IDY) on 21st June 2026 under the inspiring global theme 'Yoga for Healthy Ageing.' In the lead-up to the main event, CCRAS actively participated in the 100-Day Countdown Programme, undertaking a variety of initiatives to highlight the profound role of Yoga in promoting physical fitness, mental clarity, and environmental harmony. These programs included yoga workshops, awareness drives, community sessions, and collaborative events with local organizations, reflecting the Council's deep commitment to holistic health.

The main national celebration was led by the Hon'ble Prime Minister Shri Narendra Modi from the iconic Red Road in Kolkata, West Bengal, where he performed the Common Yoga Protocol (CYP), embodying India's vision of wellness for all. Sh. R. N. Ravi, Governor of West Bengal; Shri Suwendu Adhikari, Chief Minister, West Bengal; Shri Prataprao Jadhav, Union Minister of State (Independent Charge) for Ayush, and other dignitaries were present on the occasion. CCRAS and institutes across the country celebrated the day with enthusiastic participation from officials, researchers, staff, students, and the general public. As a scientific body committed to Ayurveda and integrative health sciences, CCRAS promotes Yoga as a cornerstone of preventive health and well-being, aligning tradition with modern scientific research for a healthier world.

Here's a snapshot of some of the key activities conducted:



Hon'ble Prime Minister Shri Narendra Modi led the International Day of Yoga (IDY) 2026 celebrations from the iconic Red Road in Kolkata, West Bengal, in the presence of the Governor of West Bengal, Sh. R. N. Ravi; Chief Minister of West Bengal, Shri Suvendu Adhikari; Union Minister of State (Independent Charge) for Ayush, Shri Prataprao Jadhav and other dignitaries.



Representing the Ministry of Ayush, Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, served as the Nodal Officer in a mass yoga demonstration organised at the historic Lodhi Garden, New Delhi. The program was graced by distinguished dignitaries, including Chief Guest, Dr Raj Bhushan Choudhary, Hon'ble Minister of State, Ministry of Jal Shakti, Government of India, and Smt. Meenakshi Lekhi, Former Minister of State and Senior Leader, Bharatiya Janata Party.



Yoga enthusiasts gathered at the scenic Miramar Beach, Goa, for a rejuvenating Yoga session organised by CCRAS-RARIM&MMR, Goa, embracing wellness amidst nature.



CCRAS-RARI, Sri Vijaya Puram, organized a Beach Yoga Session and a Walkathon on the eve of International Day of Yoga (IDY) 2026, embracing the timeless wisdom of yoga amid the serene beauty of Corbyn's Cove Beach and the historic Flag Point at Sri Vijaya Puram.



CCRAS-RARI, Nagpur, successfully organized a grand celebration of International Day of Yoga 2026 at Mahavir Maidan, Nandanvan, Nagpur, in collaboration with various institutions and organizations associated with the Ayurveda fraternity.



More than 100 participants joined the 12th International Day of Yoga celebrations on 21 June 2026 at CCRAS-CARI, New Delhi. The programme featured the Ministry of Ayush Yoga Song, the message of the Hon'ble Prime Minister, and the Common Yoga Protocol (CYP), reaffirming the spirit of holistic health and well-being through yoga.



CCRAS-CARI, Bhubaneswar, enthusiastically celebrated the International Day of Yoga 2026 with active participation from officials, staff, and students.



As part of IDY 2026, officers and staff of CCRAS-RARI, Ahmedabad, practised the Common Yoga Protocol (CYP) at Kochrab Ashram, Paldi.



The officers and staff of CCRAS-NIIMH, Hyderabad, participated in the International Day of Yoga (IDY) 2026 – 24-Hour Countdown Event held at Parade Ground, Secunderabad, Hyderabad.



International Day of Yoga 2026 was celebrated at CCRAS-RARI, Jammu, with enthusiastic participation of staff and students, promoting the spirit of 'Yoga for Healthy Ageing'.



As part of IDY 2026, CCRAS-CARI, Patiala, organized a Yoga Sangam session with the participation of institute officers, staff, and general public.



CCRAS-CARI, Jhansi, in collaboration with NIMA, Jhansi, successfully organized a mass yoga session.



CCRAS-RARI, Vijayawada, organized a special "Yoga Sangam" programme.



As part of the activities leading up to International Day of Yoga 2026, a joint Cycle Rally was organized on 10 June 2026 at 7:00 AM by CCRAS-RARI, Gwalior and LNIPE, Gwalior, to encourage the adoption of Yoga for a healthier society.



Officials and staff at CCRAS-CARI, Kolkata, enthusiastically participated in the International Day of Yoga (IDY) 2026 celebrations held at Mela Prangan, Science City, Kolkata.



Smiles all around! Happy faces captured at the Selfie Point during the 12th IDY celebrations at CCRAS-RARC, Dimapur.

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