

Suo Moto Disclosure

Central Ayurveda Research Institute (CARI), Patiala is a premier Institute under the Central Council for Research in Ayurvedic Sciences, New Delhi, Ministry of AYUSH, Government of India dedicated to research in Ayurvedic Sciences. This Institute was established as Central Research Institute (Ay.) in the month of February 1971 under the leadership of Sh. Pandit Keerti Sharma. The land and building were provided by State Government of Punjab to carry out research activities in different fields of Ayurveda. The Institute started its activities through Out Patient Department (OPD), In Patient Department (IPD) with 50 bedded hospital and Pharmacy.

This Institute was renamed as Indian Institute of Kayachikitsa (IIK) in the month of June, 1979 and again was renamed as Central Research Institute (Ay.) in the month of November 1999, however the activities of the institute remained same.

In the month of September 2008, the name of the institute was changed as National Institute of Ayurvedic Pharmaceutical Research (NIAPR), Patiala by the Department of AYUSH, Govt. of India with the new mandates viz. manufacturing of safe, effective, affordable Ayurvedic drugs based on strengths of Ayurveda considering National and global needs on scientific lines at par globally accepted norms, development of standards of identification, quality control parameter, standardization of raw materials and development of standard operating procedures for various classical drugs etc. However the facilities of 50 bedded In Patient Department (IPD) was closed.

This Institute again renamed as Central Ayurveda Research Institute for Respiratory Disorders (CARIRD), Patiala on 12th April 2016. Govt. of Punjab has signed the lease deed agreement in October 2016 with C.C.R.A.S. for the land and building of this Institute for the purpose of establishing and running a Central Research Institute free from rent for a period as long as the Council continues its activities with regard to the Ayurvedic research in the premises and further authorize the CCRAS to make necessary addition, alterations and new construction in the building and the adjacent land for the purpose of proper working or the development of the Research Institute of Ayurveda. The Institute was again renamed as Central Ayurveda Research Institute (CARI) on 22.12.2020 with the mandate.

Mandate

Pharmaceutical Research and Clinical Research focusing on Respiratory disorders.

Other Activities

- Health care services through Out Patient Department (OPD) and In Patient Departments (IPDs).
- Special Clinics for Geriatric Health Care.
- Research oriented public health care services (outreach activities) i.e. Ayurveda Mobile Health Care Programme & WCH Project under SCSP
- Any other assignment of National importance related to Research & Development in Ayurveda.

Vission

- To conduct Pharmaceutical Research and Clinical Research focusing on Respiratory Disorders.

Mission

- To provide health care services through O.P.D & I.P.D as well as to the Geriatric patients through special Geriatric clinics.
- To provide health care services to the SC communities through the outreach activities under the Ayurveda mobile health care programme (AMHCP).
- To carry out innovative research activities in the field of Ayurveda.

Functioning departments of CARI, Patiala

- IPD
- General OPD
- Specialty Geriatric Clinic OPD
- Pathology Lab: Recognised for NABL M(EL)T in biochemistry discipline
- GMP Certified Pharmacy
- Chemistry Laboratory
- Herbal Garden
- Panchkarma

NABL Accreditation

The Institute has got NABL M(EL)T recognition on 16.11.2023.

BIS Certification

The Institute has got BIS certification on dated 25.05.2026

OPD: During the year 2025-26, total 30189 patients with different ailments were checked up and treated at OPD and out of which 2139 patients were geriatric patients.

Panchakarma

Panchakarma procedures Abhyanga, Swedana, Patra Potalam, Basti Karma, Shirodhara, Katibasti, Janu Basti, Nadi Sweda etc. are carried out in the Panchakarma section.

GMP Certified Pharmacy

The Pharmacy of the Institute prepared Churna and Kwath Churna for the OPD, IPD of the Institute and also supply the Churna to the other peripheral Institutes of CCRAS. In 2025-26 13 different Ayurvedic formulations were prepared in the pharmacy and 02 formulations in bulk quantity were supplied to various peripheral Institute of CCRAS

Chemistry Section

The Institute has well established Chemistry Lab with four sections viz. Hot Lab, Instrumentation Lab, Analytical Lab and Stability Study Lab. The lab has various test facilities (Foreign matter, Total ash, Acid insoluble ash, Water soluble extractive, Alcohol soluble extractive value, Loss on Drying at 105⁰C and pH 10% aq. Soln, TPC, TFC, Antioxidant, specific gravity, wt. per ml, Volatile oil, Refractive Index, Saponification value, Peroxide value, Rancidity, Total solid, Sugar content, Iodine value, Acid value)

Chemistry section provide analysis facilities to Institute Pharmacy, Other Institutes, ILC & PT sample, provide Hands-on Training college students

Following Instruments were purchased (Under IMR Project) during the establishment of Chemistry Lab: -

- UV-Visible spectrophotometer (Double Beam)
- Rotary Evaporator (With Integrated solvent Library)
- Water Purification System (Type 1 and Type 2)
- Stability Chamber (02 No.)
- Abbe Refractometer
- Moisture Analyzer
- Water Bath (02 No.)
- Muffle Furnace Microprocessor Based (02 No.)
- Hot Air Oven Microprocessor Based (02 No.)
- Disintegration Tester
- Friability Test Apparatus
- Hardness Tester
- Ultra Sonicator

- Analytical Balance (5-Digit)
- Analytical Balance (4-Digit)
- Deep Freezer (-40°C)
- Deep Freezer (-20°C)
- Centrifuge Machine
- Chiller Line
- pH Meter Microprocessor Based
- Hot Plate
- Fume Hood
- Digital Hygrometer
- Vernier Caliper

Herbal Garden

The Institute's herbal garden has various species of medicinal plants and beds of different species for demonstration purpose.