

**SUO-MOTO DISCLOSURE UNDER SECTION 4(1)(b)
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(Updated in September, 2026)**

**Central Ayurveda Research Institute
(Under Central Council for Research in Ayurvedic Sciences,
Ministry of Ayush, Govt. of India)**

**Punjabi Bagh (West), Road
No.66, New Delhi- 110026**

RTI APPLICATION FORM

1. Particulars of the Applicant:

(a) Name:

(b) Address:

(c) E-mail address:

(d) Phone/Fax No.:

2. Date of Submission of Application:

3. Subject Matter:

4. Details of Information requested:

5. Period to which the information relates:

6. Fee enclosed (in cash/DD/Banker's Cheque/IPO):

7. Due date by which information is to be furnished (30 days from submission of application):

8. How the applicant would like his information to be sent:

(a) By Post:

(b) To be collected by hand:

(c) By e-mail:

(d) By fax:

CARI, New Delhi Staff Patterns

S. No	Name of the Post	Number of Post Sanctioned	Number of Post filled as on date	Number of Vacant Posts
1.	Director (Institute)	1	1	0
2.	Assistant Director (Ayurveda)	1	1	0
3.	Assistant Director (Bio-chem.)	1	1	0
4.	Assistant Director (Pathology)	1	0	1
5.	Administrative Officer	1	0	1
6.	Research Officer (Ayu.)	22	19	03
7.	Research Officer (Pathology)	1	2	0
8.	Assistant Matron	1	1	0
9.	ARO (Physiotherapist)	1	1	0
10.	Sister-in-Charge	2	1	1
11.	Statistical Assistant	1	0	1
12.	Junior Translation Officer	1	1	0
13.	Staff Nurse	8	10	0
14.	Pharmacist	7	4	3
15.	Radiographer	1	0	1
16.	Security In-charge	1	0	1
17.	Social Worker	1	0	1
18.	Stenographer Grade-'I'	1	0	1
19.	Assistant	1	1	0
20.	Electrician	1	0	1
21.	Medical Lab. Technologist	6	3	3
22.	Panchakarma Technician (02 Male + 02 Female)	4	3	1
23.	Private Secretary	1	0	1
24.	UDC	5	1	4
25.	Dark Room Assistant	1	1	0
26.	Library & Information Assistant	1	1	0
27.	Staff Car Driver Grade-1	2	1	1
28.	Gestetner Operator	1	0	1
29.	LDC	5	1	4
30.	Laboratory Assistant	1	0	1
31.	Laboratory Attendant	3	3	0
32.	MTS (cook)	3	0	3
33.	Dresser	1	0	1
34.	Panchakarma Attend.	8	0	8
35.	MTS (Aya)	6	3	3
36.	MTS (Chowkidar)	4	2	2
37.	MTS (DHOB)	1	1	0
38.	Kitchen Servant	3	0	3
39.	MTS (Labourer/Farma Attendant)	3	3	0
40.	MTS (Mali)	2	2	0
41.	MTS (Peon)	8	5	3
42.	Safaiwala	6	0	6
43.	MTS (Ward Boy)	6	0	6
44.	MTS (Female Attendant)	1	0	1
TOTAL		137	73	67

The Post below are not in the sanctioned strength of the Institute: -

- 02: - ARO (Clinical Psychology)
- 01: - Animal Attendant

Note: Staff at Rashtrapati Bhawan

- 02: - Research officer (Ay)- Deputed from the Institute
- 02: - (01Male + 01 Female)- Panchkarma Technician
- 01: - Pharmacist

The Particulars of its Organization, Functions and Duties

INTRODUCTION: -

Central Ayurveda Research Institute, New Delhi was established in the year 1979 (under Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India). This Institute is devoted to Clinical Research in the field of Ayurveda. This Institute is housed in a rented building in Punjabi Bagh and caters to health care services of general public besides conducting Clinical Research Studies on various chronic disease conditions and diseases from priority areas of the country.

The foundation laying ceremony for the upcoming building of Central Ayurveda Research Institute, New Delhi at FC-5, Block A, Sector 28 Rohini, Delhi led by the Hon'ble Prime Minister was held on 05.01.2025.

The Clinical Research and patients care services are being carried out through various Units/Sections like, *Panchakarma*, *Ksharasutra*, Pharmacy, *Jalukavacharana*, *Kriyakalpas*, Clinical Laboratory, Physiotherapy, Library and specialty clinics like Geriatric, Eye, Preventive Cardiology, ENT, Arthritis etc. The OPD and other services continue to run at CARI-Punjabi Bagh. In addition, the OPD services have been extended to CARI-Rohini campus w.e.f. 11.08.2026.

Following sections are functioning at CARI, Punjabi Bagh, New Delhi:

1. Technical Section

2. Administrative Section

The technical section deals with the following activities

➤ RESEARCH ACTIVITIES

- Collaborative Projects
- IMR Projects
- Annual Action Plan Projects
- Outreach Activities

➤ TREATMENT FACILITY

- IPD facility at CARI, Punjabi Bagh New Delhi
- OPD facility at CARI, New Delhi
- OPD facility at satellite centres at:

- ATC, Safdarjung Hospital
- ATC, Lady Hardinge Hospital
- Ayurvedic Unit- FAP, Supreme Court
- Ayurveda Treatment Center, ABVIMS, Dr. Ram Manohar Lohia Hospital
- Ayush Wellness Clinic at President's Estate.
- CCRAS-JNU Treatment & Research facility, JNU, New Delhi
- CSIR-NPL- New Delhi
- Press club of India, New Delhi

Administrative Section: Administration section of the institute includes Admin Department, Accounts, Recruitment & Establishment section and management of the Institute and Hospital.

IN-PATIENT DEPARTMENT (IPD)

Total admitted patients during the year 2025-26 were 581, out of which 268 were males and 313 were females. The IPD provides specialized Ayurvedic management for various chronic and lifestyle disorders requiring inpatient care and Panchakarma procedures.

OUT-PATIENT DEPARTMENT (OPD)

CARI, Punjabi Bagh, New Delhi

Consultation through the Outpatient Department is available from Monday to Saturday (Except Government Holidays and Second Saturday) from 9 AM to 1 PM.

The Central Ayurveda Research Institute (CARI), New Delhi, provides OPD services during the morning shift from 9:00 AM to 1:00 PM. The Institute also runs special clinics on designated days, including Ano-Rectal, Preventive Cardiology, Arthritis, ENT, Eye, Paediatric, and Geriatric Clinics.

During the year 2025-26, the institute served a total of 1,07,205 patients through its OPD services, with free medicines dispensed to all. Among them, 55,994 were male, 51,211 were female, and there were no transgender patients. The OPD recorded 35,468 new and 71,737 follow-up cases. During the reporting year, i.e., 2026-27, from 1st April to 31st August, the institute served a total of 46,174 patients through its OPD services, with free medicines dispensed to all. Among them, 23,538 were male, 22,636 were female, and there were no transgender patients. The OPD recorded 16,910 new and 29,264 follow-up cases.

Satellite OPDs of CARI, New Delhi

1. ATC, Safdarjung Hospital
2. ATC, RML Hospital
3. ATC, Lady Hardinge
4. Ayush Wellness Clinic, Rashtrapati Bhavan
5. FAP, Supreme Court
6. CCRAS-JNU Treatment & Research Facility, New Delhi
7. CSIR-NPL
8. Press Club of India
9. CARI, Rohini

ATC, Safdarjung Hospital, New Delhi

Ayurvedic Chikitsa Kendra was established in Jan., 1998. Two big rooms have been provided to the Ayurvedic Chikitsa Kendra. One room is used for consultation and another room for registration, store, and dispensing of medicines.

During the year 2025-26, a total no. of **25,537** patients attended O.P.D., out of which **14213** patients were male and **11324** patients were female. Common diseases found in the O.P.D were *Sandhivata, Raktapradara, Mutrakricchra, Shotha, Klaibya, Arsha, Cyst, Amavata, Madhumeha, Kushtha, Artavakshaya, Kasa, Amlapittam, Shweta Pradar, Pratishyaya, Khalitya*, etc. During the reporting year, i.e., 2026-27, , from 1st April to 31st August, a total no. of **10,874** patients attended O.P.D., out of which **6164** patients were male and **4710** patients were female.

Ayurveda Treatment Centre, ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi

Ayurvedic Treatment Centre at PGIMER-Dr. Ram Manohar Lohia Hospital has been functional since 14th January, 2016.

During the year, i.e., 2025-26, a total no. of **8722** patients attended the OPD, out of which **5084** patients were male and **3638** patients were female. It was observed that most of the patients who attended the O.P.D. were suffering from *Manovahsrotos Vikar Sandhivata, Aadhmana, Vibandh Vatavyadhi, Amlapitta, Shirahshool, Raktagata Vata, Kasa, Gridhrasi, Ashmari, Mutrakricchra etc.* During the reporting year, i.e., 2026-27, from 1st April to 31st August, a total no. of **4,203** patients attended O.P.D., out of which **2,668** patients were male and **1,535** patients were female.

Ayurvedic Treatment Centre, Lady Hardinge Medical College & Hospital, New Delhi

Ayurvedic Treatment Centre at Lady Hardinge Medical College was established on 19th September, 2009. During the year 2025-26, a total no. of **20645** patients attended the OPD, out of which **9799** patients were male and **10846** patients were female. It was observed that most of the patients who attended the O.P.D. were of *Aadhman, Sandhivata, Aamvata, Kandu, Vatarakta, Pratishyay, Daurbalyam, Kasa, Vibandh, Arsha, Amlapittam, Madhumeha, Ashmari*, etc. The competent authority of Lady Harding Medical College and Hospital permitted to conduct various laboratory investigations and other specific investigations in the laboratory of LHMC, New Delhi.

During the reporting year, i.e., 2026-27, from 1st April to 31st August, a total no. of **11,454** patients attended O.P.D., out of which **5,406** patients were male and **6,048** patients were female.

Ayush Wellness Clinic, President's Estate

Ayush Wellness Clinic at President's Estate has been running since July, 2015 under CARI, New Delhi. This centre is rendering O.P.D. services along with Panchakarma therapy to the patients.

During the year 2025-26, a total of **4394** patients were treated, out of which **3016** were male patients and **1378** were female patients. Most of the patients attending the OPD were suffering from *Vatavyadhi, Trikshoola, Arsha, Madhumeha, Medoroga, Daurbalyam, Sandhivata, Kasa, Ajirna, Amlapittam*, etc. During the reporting year, i.e., 2026-27, from 1st April to 31st August, a total no. of **1,905** patients attended O.P.D.

Ayurveda Unit: FAP – Supreme Court of India, New Delhi

The Ayurveda Unit, FAP at the Supreme Court of India has been functional in the Supreme Court premises since 2008. The Unit is rendering services to Hon'ble Judges and the Registry in the Supreme Court of India. At present, one senior doctor, one pharmacist, and one Pharmacy attendant are rendering their services in this unit.

During the year 2025-26, a total of **6036** patients were treated in FAP Supreme Court, out of which **4151** were male and **1885** were female patients. Most of the patients were suffering from *Vibandh, Aadhman, Gridhrasi, Kasa, Sandhivata, , Udavarta, Ajirnam, Amlapiitam, Amavata, Madhumeha, Arsha, Yakkritdalyudar* etc. During the reporting year, i.e., 2026-27, from 1st April to 31st August, a total no. of **2,420** patients attended O.P.D.

CCRAS-JNU Treatment & Research Facility, New Delhi

A new unit of CCRAS in collaboration with JNU has been initiated on 25/01/2023. The unit is providing consultations to the students and employees (working & retired) of the university campus thrice a week.

During the year 2025-26, a total of **3731** patients were given consultation, of which **1903** are male and **1828** are female. Most of the patients were suffering from *Vibandh, Sandhivata, Kasa, Aadhman, Ajirnam, Gridhrasi, Madhumeha, Arsha, Mutrakricchra, Pratishyaya, Daurbalyam, Shwasa, Janubhed, etc.* During the reporting year, i.e., 2026-27, from 1st April to 31st August, a total no. of **1,392** patients attended O.P.D.

Ayurvedic Treatment Centre, CSIR-NPL, New Delhi

In compliance with Council directions, an Ayurvedic Treatment Centre was initiated at National Physical Laboratory, CSIR, New Delhi for the health benefit of officers and staff. During the year 2025-26, a total of 451 patients were consulted.

Consultation at Press Club of India

As per order no. F.N. HQ-Estt 11012/109/2023-ESTT/7274 dated 29.01.2024 and institute letter no. F.S.4-41/2023-24/CARI/Admn-Office Order No.1230/2023-24 dated 03.02.2024, the weekly clinic at "Press Club of India" is continued with the deputation of one Ayurvedic consultant every Saturday in financial year 2025-26, for the benefit of journalists and other press club members. During the year 2025-26, the total no. of patients consulted was 1143, out of which 912 were male and 231 were female.

During the reporting year, i.e., 2026-27, from 1st April to 31st August, a total no. of **596** patients attended O.P.D. Press Club clinic reported the prevalence of gastrointestinal disorders along with fatty Liver. General consultation and follow-up sessions were given along with the free distribution of medicine as per the requirement of members of Press Club of India and their family members.

CARI, Rohini

The OPD services were extended to the CARI- Rohini Campus w.e.f. 11.08.2026, following the inauguration of the Extension OPD on the same date. Since its commencement, the Extension OPD has been providing Ayurvedic healthcare services to the local community. During August 2026, a total of 1,074 patients were consulted at the CARI- Rohini Extension OPD.

SPECIALTY OPD AND CONSULTATIONS AT CARI, PUNJABI BAGH, NEW DELHI

1. Ksharasutra (Ano-Rectal)_OPD
2. Preventive Cardiology & Lifestyle Clinic
3. Leech therapy OPD
4. Sandhi Roga (Arthritis) OPD
5. Jararoga (Geriatric) OPD
6. Netraroga (Eye) OPD
7. Karna Nasa evum Kanthagata roga (ENT) OPD
8. Balroga (Paediatrics) OPD
9. Physiotherapy
10. Naidanik Manovigyan (Clinical Psychology OPD)

Kshara Sutra Section (Ano-Rectal Clinic)

During the year 2025-26, **9358** patients attended the *Kshara Sutra* Section, out of which 6963 were male and 2395 were female. During the reporting year, i.e., 2026-27, from 1st April to 31st August, **3905** patients attended the *Kshara Sutra* Section.

Preventive Cardiology & Lifestyle Clinic

Preventive Cardiology & Lifestyle Clinic is functioning on Tuesday and Friday. During the year 2025-26, **1473 patients** were benefitted and documented through A-HMIS. Out of these, 845 patients were males, and 628 were females. During the reporting year, i.e., 2026-27, from 1st April to 31st August, **367** patients were consulted and documented through A-HMIS. Most of the patients reported conditions like Hridya roga, Ucchraktachap, Madhumeha, and Sthaulya etc.

Leech Therapy Clinic

Leech Therapy Clinic caters to patients with various disease conditions like Twakarog, Sira-Shotha, Shlipad, Shvitra, etc. During the year 2025-26, a total of **212** patients attended the clinic for various disease conditions. During the reporting year, i.e., 2026-27, from 1st April to 31st August, a total of **59** patients attended the clinic for various disease conditions.

Arthritis Clinic

During the year 2025-26, **2221** patients (706 male and 1515 female) attended the *Arthritis clinic*. During the reporting year, i.e., 2026-27, from 1st April to 31st August, **858** patients attended the

Arthritis clinic for various musculoskeletal disorders, primarily *Amavata*, *Sandhigatavata*, *Gridhrasi*, *Katigatavata*, etc.

Jararoga (Geriatric) OPD

During the reporting year, i.e., 2026-27, from 1st April to 31st August, **2786** patients attended the Geriatric OPD. Most of the patients reported conditions like *Ucchraktachap*, *Madhumeha*, *Daurbalya*, *Sandhigatavata*, *Vatavyadhi*, *Mutra vikara*, *Oja Kshaya*, etc.

Eye Clinic

The Eye Clinic has been functioning efficiently and providing service to eye patients from 18th February 2017 onwards on OPD and IPD basis. Within the existing facility, *Kriyakalpas* is being done for selected patients throughout the week.

During the year 2025-26, there were **4723** patients, out of whom **2243** patients were male and **2480** were female patients. Most commonly found eye diseases were *Timira*, *Abhishyanda*, *Kacha*, *Shushkakshipaka*, *Adhimantha*, *Lingnash*, etc. Various *Kriyakalpa* carried out to treat eye diseases included 1935 of *Nasya*, 1204 of *Tarpana*, 555 of *Shiropichu*, etc. During the reporting year, i.e., 2026-27, from 1st April to 31st August, there were **1623** patients. Various *Kriyakalpa* carried out to treat eye diseases included 1935 of *Nasya*, 1204 of *Tarpana*, 555 of *Shiropichu*, etc.

ENT OPD

ENT OPD caters to patients with various disease conditions like *Pratishyaya/Pinasa*, *Badharya*, *Ardhavabhedaka*, *Karnashola*, *Karnanada*, etc.

During the year 2025-26, a total of **1335** patients attended the clinics and were successfully treated for various disease conditions. A total of 730 patients were male, and 605 patients were female. During the reporting year, i.e., 2026-27, from 1st April to 31st August, a total of **601** patients attended the clinics and were successfully treated for various disease conditions.

Bal Rog Clinic

During the reporting year, i.e., 2025-26, **1881** children (1133 male, 748 female) were treated in OPD for various childhood disorders. During the reporting year, i.e., 2026-27, from 1st April to 31st August, **957** children were treated in OPD for various childhood disorders like *Pidika*, *Vatavyadhi*, *Shool*, *Krimi*, *Shwitra*, *Pangu*, *Kushtha*, *Pratishyay* etc.

Physiotherapy Section

The Physiotherapy section was established in 1999. As per the need and requirement of the hospital, the section is equipped with the required modalities. Both IPD and OPD patients are being treated on daily basis for conditions like osteoarthritis, rheumatoid arthritis, Adhesive capsulitis, cervical and lumbar spondylosis, ankylosing spondylitis, prolapsed intervertebral disc, post polio residual paralysis, neurological conditions like stroke, quadriplegia, paraplegia, cerebral palsy, Parkinson's disease, peripheral nerve injuries, muscular dystrophies, bell's palsy, motor neuron disease; Sport's injuries like tennis

elbow, rotator cuff tear, meniscal tear and General conditions like obesity, varicose veins, peripheral vascular disorders etc.

During the year 2025-26, a total of **3660** patients were treated, of which **1638** were male, and **2022** were female. During the reporting year, i.e., 2026-27, from 1st April to 31st August, a total of **1159** patients were treated.

Naidanik Manovigyan (Clinical Psychology)

Special OPD in the domain of Clinical Psychology started functioning from July 2021 onwards. During the year 2025- 2026, a total of 130 psychological sessions were conducted for patients across all age groups for issues like generalized anxiety, stress, burnout, cognitive problems, hyperactivity, sleep disturbances, depressive symptoms, etc. A total of seventy psychological sessions for females and sixty psychological sessions for males were conducted. Many of them are continuing for follow-up sessions also.

OTHER SERVICES

Library

The library section of the Institute has 1,954 books in Hindi and English. The library remains open for readers from 9:30 AM to 4:30 PM.

Clinical Laboratory

The NABL accredited laboratory section provides services to both general patients from OPD, IPD and research subjects. During the reporting period, a total of 24,723 laboratory investigations were carried out.

Pharmacy

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute as Lady Harding, Dr RML hospital, Supreme Court, Safdarjung Hospital, President Estate Ayurveda, & JNU treatment Centre. The Pharmacy also keeps balance in demand and supply of medicines for clinical projects. In this current year pharmacy has procured medicines worth Rs. 2,54,64,291.00 for meeting the demand.

Hindi Section

Hindi section has been playing a leading role to follow *Official Language Rules* such as issuing all documents related to Section 3 (3) in bilingual, answering the letters in Hindi and keeping continuous efforts towards meeting the annual target. All quarterly progress reports, half-yearly progress reports are prepared on time and submitted to the Official Language Department and *NARAKAS (Town Official Language Implementation Committee)* by email and online. *Vibhagiya Rajbhasha Karyanvayan Samiti* meeting is being organized in each trimester to observe the official & technical work in Hindi in every department. Hindi Pakhwada was successfully organized from 14th Sept to 29th Sept, 2023. This year four "One Day Hindi workshops" were organized. In the half-yearly meetings organized by the Town Official Language Implementation Committee, the

institution was praised for increasing percentage towards achieving the annual target. The institute had also been lauded for their efforts in the E- Nirikshan done by CCRAS HQs on 28.12.2023.

Hindi workshops:

- 03.02.2025
- 27.06.2025
- 15.09.25 to 30.09.25
- 01.10.2025
- 10.12.2025

Medicinal Plant Garden

The Institute is maintaining a medicinal plant garden for dual purposes, i.e., for demonstration as well as for providing raw herbs for Panchakarma and Ksharasutra therapy. For identification and demonstration purposes, all the plants have specific nameplates indicating their classical names, botanical names, family and main uses. The medicinal garden continuously provides raw herbs for various Panchakarma procedures and Ksharasutra therapy, such as *Madhuyashti*, *Narikel*, *Shigru*, *Haritaki*, *Ashwagandha*, *Guduchi*, *Bhrami*, *Isabgol*, *Nirgundi*, *Agnimantha*, *Jati*, etc.

Major Activities (Ayurveda)

Clinical research on lifestyle related and non-communicable disorders focusing on cardiovascular diseases

Other Activities:

- Health care services through Out-Patient Department (OPD) and In-Patient Departments (IPD)
- Special facility for Ksharasutra & Panchkarma
- Special Clinics for Geriatric Health Care
- Training Centre for Clinical Research and Para-Medical Subjects
- Research oriented Public Health care services (outreach activities) i.e., Ayurveda Mobile Health Care Project under SCSP
- Any other assignment of National importance related to Research & Development in Ayurveda.

Activities organised by Institute during 2025-26

During the year 2025–26, CARI, New Delhi organized various public health, academic, awareness, and training activities in alignment with the initiatives of the Ministry of AYUSH and CCRAS.

1. The Latent Tuberculosis (LTB) Elimination through Ayurvedic Interventions Campaign was initiated at the institute on 07.04.2025, and a public awareness lecture was delivered to OPD patients and their attendants.

2. A Common Yoga Protocol (CYP) session was conducted on 22.05.2025 to mark the countdown to the 11th International Day of Yoga 2025 with the theme “Yoga for One Earth, One Health.”
3. A cleanliness drive was organized on 26.05.2025 as part of the World Environment Day celebration campaign.
4. The Ayurveda Mobile Health Care Programme (AMHCP) was initiated at the institute on 28.05.2025.
5. The “SMART 4.0 Flyer,” an initiative of CCRAS for preventive care based on the theme of Ritu Shodhana, was launched during a one-day workshop under Yoga Samyog on 18.06.2025.
6. The institute organized the “Meri Maati Mera Desh” campaign from 16.08.2025 to 20.08.2025 under the Azadi Ka Amrit Mahotsav.
7. Ayurveda Expo – September 2025 was organized to promote awareness of Ayurvedic practices.
8. Observance of Hindi Pakhwada from 15.09.2025 to 30.09.2025.
9. Under Rashtriya Poshan Maah, the activity “Ek Ped Maa ke Naam” was organized and medicinal plant saplings were distributed to OPD patients on 03.10.2025.
10. The institute successfully completed its first KARMYOGI Batch Training Programme on 09.10.2025.
11. World Menopause Day 2025 was observed on 18.10.2025 with awareness sessions organized in the OPD.
12. Activities under “Ek Bharat Shreshtha Bharat” were organized on the occasion of Dhanwantari Jayanti on 18.10.2025.
13. The institute received the ATAB Accreditation Certificate from Rashtriya Ayurveda Vidyapeeth (RAV) for its Panchakarma Technician Course on 23.12.2025.
14. The CCRAS BEST Training Programme under the SMART 2.0 Collaborative Project on Osteopenia was organized on 18.02.2026.
15. A new ambulance sponsored under the CSR initiative of NBCFDC was flagged off on 19.02.2026.
16. ÇARI, New Delhi hosted the SIDCER FERCAP survey visit from 9th March 2026 to 12th March 2026
17. The OPD services have been extended to the CARI- Rohini Campus w.e.f. 11.08.2026, following the inauguration of the Extension OPD on the same date.

Section 4(I)(b)(i)

Grievances Redressal Mechanism

There is a Public Grievances Committee to redress the grievances of the Public/Staff.

Committee for Public Grievances

SI No.	Name of the Officer/Official	Designation
1	Dr. H. Panigrahi	Institute In-Charge
2	Dr. Sakshi Sharma	Research Officer
3	Dr. Seema Jain	Research Officer
4	Dr. Babita Yadav	Research Officer
5	Sh. Mukesh Kumar	Assistant

Committee for Staff Grievance

SI No.	Name of the Officer/Official	Designation
	Dr. Sakshi Sharma	Research Officer
	Dr. Babita Yadav	Research Officer
	Dr. Kishor Patel	Research Officer
	Dr. Shaizi Layeeq	Research Officer
	Sh. Mukesh Kumar	Assistant

ICC (Internal Complaints Committee)

S. No.	Name of the Officer/Official	Designation
1.	Dr. Sakshi Sharma	Chairperson
2.	Mrs. Lata Lochav	Outside Member
3.	Dr. Saroj Devi	Member
4.	Dr. Kuldeep Chaudhary	Member
5.	Dr. Shweta Mata	Member Secretary
6.	Dr. Ashima Jain	Member
7.	Sh. Karanpal Singh	Member

Postal address of the Institute:

Central Ayurveda Research Institute

Punjabi Bagh (West), Road No.66, New Delhi - 110026

Under Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India

Details of Central Public Information Officer (CPIO)

Dr Hemant Panigrahi,

Institute In-Charge

Central Ayurveda Research Institute, Punjabi Bagh, New Delhi- 110026

e-mail Id: drhemanta71@gmail.com

Mobile No.: 9968074400

The rules, regulations, instructions, manuals and records, held by it or under its control or used by its employees for discharging its functions

1. Manual of Office Procedure
2. Fundamental Rules and Supplementary Rules (FR&SR)
3. CCS (Classification, Control and Appeal) Rules 1965
4. CCS (Conduct) Rules 1964
5. General Financial Rules (GFR)
6. Delegation of Financial Power Rules
7. CCRAS (Pension) rules in line with CCS (Pension) Rules
8. Central Civil Services (Medical Attendance) Rules
9. Central Civil Services (Leave) Rules
10. Central Civil Services (Leave Travel Concession) Rules
11. Central Civil Services (Travelling Allowance) Rules