

PROSPECTUS 2026



CERTIFICATE COURSE IN PANCHAKARMA THERAPY (CCPT) (3 Months -Fulltime – Self Financed)



राष्ट्रीय आयुर्वेद पंचकर्म अनुसंधान संस्थान

केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्, आयुष मंत्रालय, भारत सरकार
चेरुतुरुत्ति, त्रिशूर, केरल - 679 531

National Ayurveda Research Institute for Panchakarma

Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India
Cheruthuruthy, Thrissur, Kerala - 679 531

About CCRAS

- ▶ The Central Council for Research in Ayurvedic Sciences (CCRAS) is an autonomous body of the Ministry of Ayush, Government of India. It is an apex body in India for the formulation, coordination, development and promotion of research on scientific lines in Ayurveda system of medicine.
- ▶ National Ayurveda Research Institute for Panchakarma, cheruthuruthy is a premiere institute under CCRAS solely dedicated for research in Panchakarma. The mandate of this institute is Neuromuscular and musculoskeletal disorders.
- ▶ Certificate Course in Panchakarma Therapy is designed to transform a BAMS graduate into a competent ayurveda physician skilled to practice panchakarma.
- ▶ Being an institute of national importance in Panchakarma, This institute is ideal and having immense potential to deliver such courses in Panchakarma. This certificate course will be ideal for BAMS graduates looking to pursue their practice in Panchakarma

Objectives:

- To enhance the basic and applied understanding of various Panchakarma therapies.
- To enhance the skill of the doctor to perform all panchakarma therapies
- Enhance the competency of Ayush doctors practicing in Panchakarma chikitsa

Eligibility : BAMS Graduates

Age : No age limit

Medium of Instructions: The medium of instructions will be in English / Hindi

Course Details:

- Every year 2 batches will be conducted, July -September and December – February
- The Classes will begin in the first week of July (July Batch) / first week of December (December Batch)
- 3 Months duration (Regular classes)
- This is a full time, regular & the institute shall not provide accommodation should be arranged by the participants at their own end and the classes will be conducted in all working days from 9:00 AM to 1:00 PM and 2 PM to 4:30 PM.
- Practical classes : 4hr /daily
- Lecture classes : 2hrs / daily
- Number of seat - Total 30 seats in a batch.
- Course fee is Rs. 25,000/- (Twenty five thousand rupees)

Training centre: National Ayurveda Research Institute for Panchakarma, cheruthuruthy, Thrissur 679531

How to apply ? The notification for the Certificate Course in Panchakarma Therapy will be issued in May for the July batch and October for the December batch. The prospectus and application form for 2026 will be available on the CCRAS website (ccras.nic.in). Candidates must submit their duly filled in application form along with self attested copies of relevant documents and application fees remittance details shall be mailed to ccpt.narip@gmail.com by **24th October 2026** Applications received after the last date will not be considered.

The application fee of Rs. 500/- should be paid via online account transfer to the following account:

- Account Name : National Ayurveda Research Institute for Panchakarma
- Account Number : 10347493316
- Bank Name : State Bank of India, Shoranur Branch
- IFSC Code : SBIN0000760
- Branch : Shoranur, Kerala

Selection Procedure:

- The application and other relevant documents will be verified and screened for eligibility. If found eligible the applications will be provisionally selected based on the order of application received. There will be no reservation criteria.
- The Selected shortlisted candidates list will be published in website (www.ccras.nic.in) on 20.06.26 (July Batch) & 07.11.2026 (December Batch)
- A waiting list of candidates will also be made to fulfill the vacant seats, if any.
- The decision of the Director/ In-charge will be the final in selection of candidates.
- The provisionally selected candidates will be intimated through Email and are requested to pay the Course fee of Rs. 25,000/- (Twenty five thousand rupees) through online account transfer to the following account for final confirmation of the seat.

Account Name : National Ayurveda Research Institute for Panchakarma
Account Number : 10347493316
Bank Name : State Bank of India, Shoranur Branch
IFSC Code : SBIN0000760
Branch : Shoranur, Kerala

Note:

Fees once paid will not be refunded The copy of transaction shall be shared through email, once payment is made for reference.

Hostel facilities:

Accommodation and boarding of the participants in the training course should be arranged by them selves. No Hostel facility is available for the students of this course.

Faculty:

The Research officers of the Institute (Post graduates in various disciplines in Ayurveda with rich experience in panchakarma) & Guest Faculty with expertise in the field of Panchakarma will serve as faculty of the course.

Tour Programme / Exposure visit:

- The travelling, lodging and boarding expenses of the trainees for the tour programme will be borne by them selves
- Visiting premiere institute in Kerala for enhancing their knowledge and for exposure in Panchakarma

Attendance:

- 75% of the attendance both in theory and practical is essential to allow the student for the examination.

Assessment and examination:

- Final assessment will be conducted at the end of 3 months which include, theory, practical and viva
- Theory • Practical • Compilation • Internal assessment
- Periodical monthly assessment at the end of first and second month will also be conducted
- Assessment will be for 250 marks

Evaluation:

- Evaluation of the examination will be performed by the Course coordinator & evaluation team constituted by the institute. The institute do not allow for any re-evaluation / re-totalling.

Declaration of result / Award of certificate:

- Trainees who have passed the final evaluation examination after successful completion of 3 months course will be awarded course completion certificate by the Institute.
- The minimum marks for passing examination is 50%

Course syllabus / Curriculum:**BASICS OF PANCHAKARMA**

- Concepts of Dosha, Dhatu, Agni, Koshta, Srotas.
- Dvidivhopakrama, Sadupakrama
- Panchakarma Dravya gunasiddhanta
- Difference in Shodhana and samanachikitsa
- Ganas and yogas used in Panchakarma

SNEHANA

- Definition and various types based on therapeutics
- Discussion on indication and contraindications, with emphasis on selection and screening of cases
- Methods of snehana and its procedure (snehanavidhi)
- Assessment of snehapana like Sneha jeeryamanalakshana, Sneha jeerna, Samyak Sneha lakshana & Sneha vyapadits management
- Sadhya sneha recipe preparation
- Common formulations

SWEDANA

- Definition and Therapeutic types
- Discussion on indication and contraindications, with emphasis on selection and screening of cases
- Medicine preparations related to various sweda
- Swedanavidhi
- Assessment of Samyak swinna and vyapads with management
- Common diseases and type of sweda practiced

KERALALEEYA PANCHAKARMA

- Standard operating procedure of Pizhichil ,Thalapothichil, Annalepana , Kativasti etc.

CLINICAL PANCHAKARMA IN VARIOUS SPECIALITIES

- Scope of Panchakarma in Pediatrics, Gynecology, ophthalmology, Neurology, rheumatology, orthopedics, lifestyle disorders, psychiatry, dermatology.

VAMANA

- Definition and Therapeutic types
- Discussion on indication and contraindications, with emphasis on selection and screening of cases
- Medicine preparations related to vamana karma
- Vamana vidhi
- Assessment of Samyak vamana and vyapads with management
- Common disorders where vamana is practiced

VIRECHANA

- Definition and Therapeutic types
- Discussion on indication and contraindications, with emphasis on selection and screening of cases
- Virechanakalpa / yogas
- Virechanavidhi
- Assessment of Samyak virechana and vyapads with management
- Common diseases and type of virechana practiced with formulations

VASTI

- Definition and Therapeutic types
- Discussion on indication and contraindications, with emphasis on selection and screening of cases
- Medicine preparations related to various vasti and its composition
- Asthapana and anuvasanavastividhi and uttaravasti
- Assessment of Samyak lakshana and vyapads with management
- Common diseases and type of vasti practiced

NASYA

- Definition and Therapeutic types
- Discussion on indication and contraindications, with emphasis on selection and screening of cases
- Medicine preparations related to various nasya
- Nasyavidhi
- Assessment of Samyak lakshana and vyapads with management
- Common diseases and type of nasya practiced with medications

RAKTAMOKSHANA

- Definition and Therapeutic types
- Discussion on indication and contraindications, with emphasis on selection and screening of cases
- SOP of various types of raktamokshana
- Assessment of vyapads with management
- Common diseases and type of raktamokshana practiced

NETRA KRIYA KALPAS

- SOP of Tarpana, putapaka, aschyotana, seka, bindi and bidalaka
- Indications and contraindications of various netrakalpa
- Commonly used formulations in the above netrakalpas





राष्ट्रीय आयुर्वेद पंचकर्म अनुसंधान संस्थान

केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद, आयुष मंत्रालय, भारत सरकार, नई दिल्ली
चेरुतुरुत्ति, त्रिशूर, केरल - 679 531

NATIONAL AYURVEDA RESEARCH INSTITUTE FOR PANCHAKARMA

Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India
Cheruthuruthy, Thrissur, Kerala - 679 531

APPLICATION FORM - 49th Batch (December 2026)
(For admission to Certificate Course in Panchakarma Therapy)



1. Name in full (Capital Letters) :
2. Sex :
3. Age :
4. Date of Birth :
5. Permanent Address with Pin Code :
6. Correspondence address :
7. Contact Number (WhatsApp Number) :
8. Email ID :
9. Nationality & Religion :
10. Permanent Registration Number :
11. State of Registration with date of issue :
12. Educational qualification :

Name of the Examination Passed	BAMS	MD/MS
University / Board with date of issue of certificate		
Year of Passing		
% of marks obtained		

13. Application fees details:

- Receipt of Application fees of Rs 500/- deposited through online account transfer to the following account:

Account Name : National Ayurveda Research Institute for Panchakarma
Account Number : 10347493316
Bank Name : State Bank of India, Shoranur Branch
IFSC Code : SBIN0000760
Branch : Shoranur, Kerala

Transaction/Reference Number	Date of Transaction	Amount

14. List of documents to be uploaded self-attested copies:

- Identity proof (Aadhar card)
- BAMS Degree Certificate
- Registration Certificate

Filled in the application should Mail to **ccpt.narip@gmail.com** by 24th October, 2026

DECLARATION

I hereby declared that all the statements made in the application are true and correct to the best of my knowledge and belief. If any information being found false or incorrect at any state my candidature shall be liable to be cancelled summarily without notice.

Place:

Signature of the applicant

Date: